

#moregooddays

ingeus

able
futures

Who are we?

ingeus

Working Minds in the South West



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A service to help people with mental health difficulties have more good days



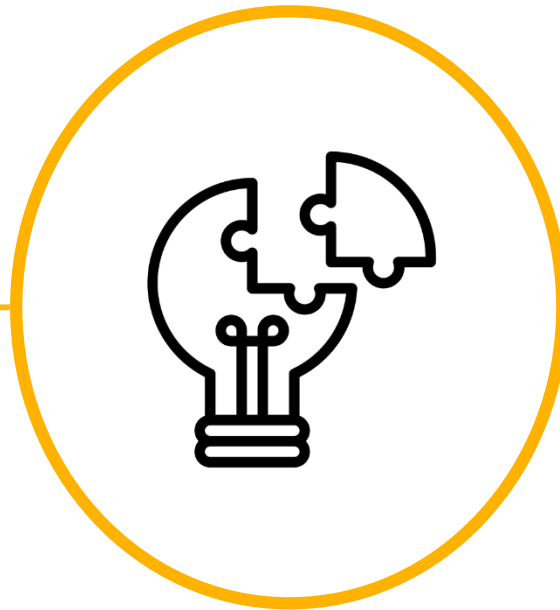
One day response



Professional practitioners



DWP backed



The Problem:

Mental Health in the UK Workforce

**3/5 employees in the UK have
experienced mental health
issues**



The symptoms are varied and severe



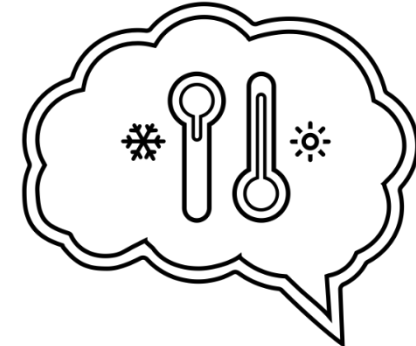
Psychological Symptoms

40% of employees report depression, anxiety and panic attacks



Behavioural Symptoms

37% say that they experience changes in appetite, irritability and mood swings



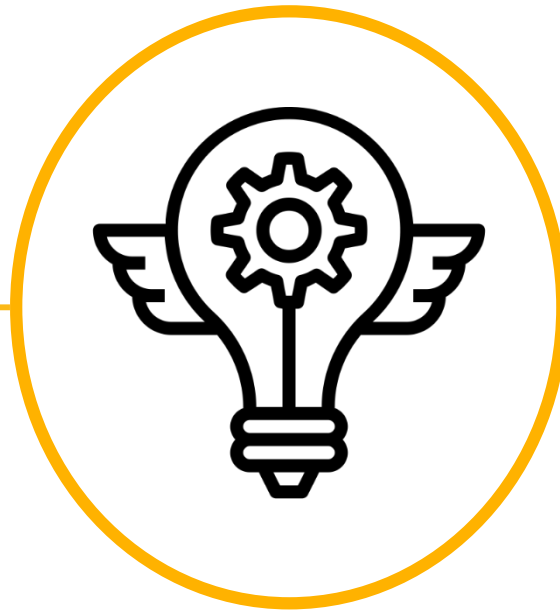
Physical Symptoms

37% have raised blood pressure, dizziness and headaches

This costs UK employers up to £42bn per year



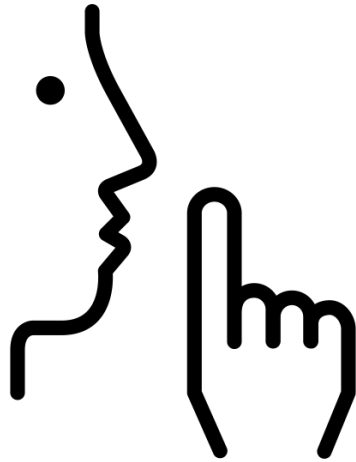
In the **finance industry**, mental health issues are estimated to cost around **£2,564 per employee**



The Solution

What Can Employers Do?

Traditional line management rarely helps



11%

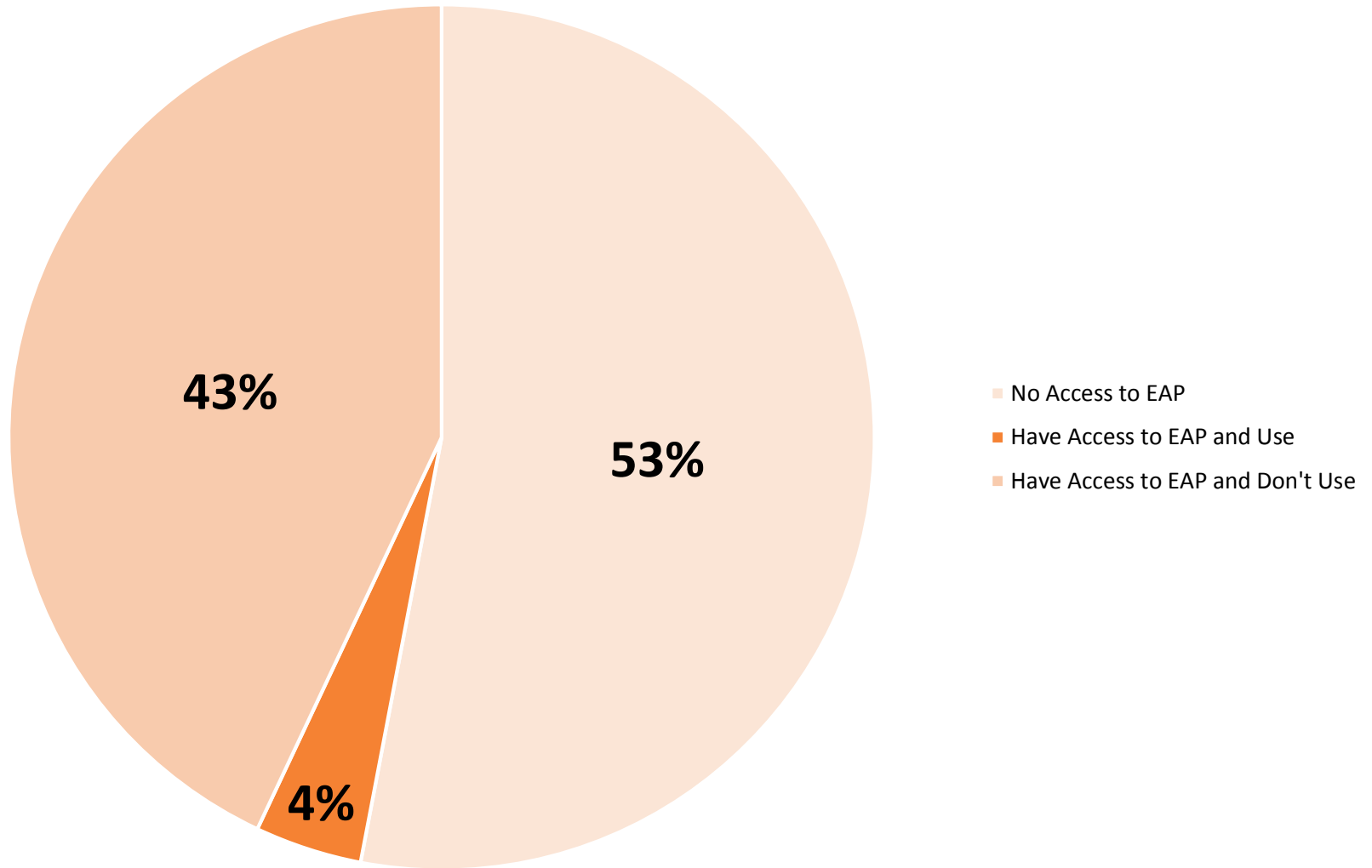
Only **1/10 employees** disclose their mental health problems to a line manager



24%

But even if they did, **less than ¼ line managers** have had any training to help them to deal with these problems

And very few utilise Employee Assistance Programmes

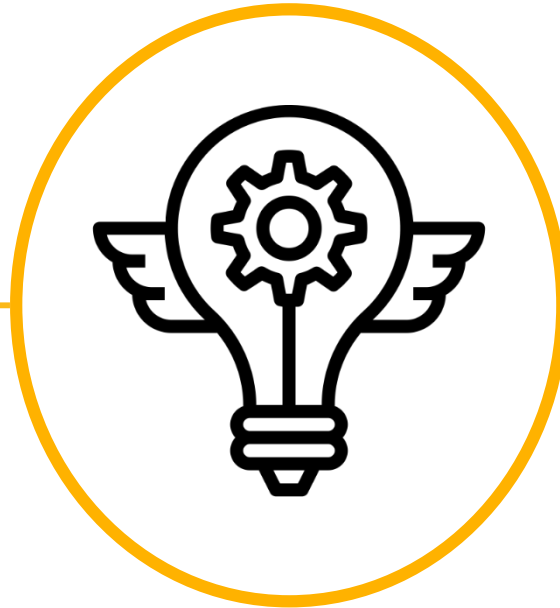


One reason is a perceived link to the company

“

“One problem is that the employees are worried about what information the organisation would receive... if they call and speak to a counsellor I think that they are probably concerned about whether the EAP are going to feed anything back to the organisation.”

(Work Foundation Survey Participant)



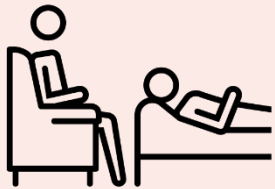
The Solution

How Can able futures Help?

We help your staff have more good days

Mental health challenges mean it is difficult to stay in work and perform well
 Good support from a mental health professional can make a real difference

able futures offers your staff:



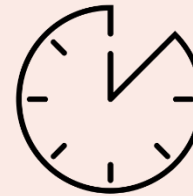
A qualified
 health care
 professional



Specialist
 partners



100%
 confidentiality



Out-of-hours
 telephone
 support

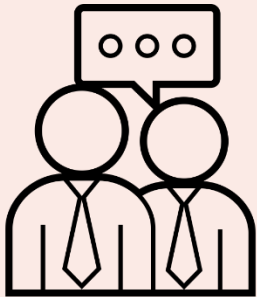


Digital hub

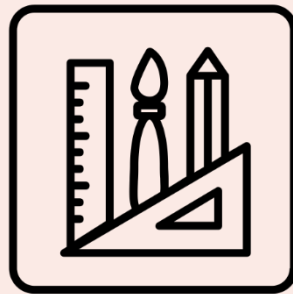
And we help you show your commitment to support

Mental health challenges mean it is difficult to stay in work and perform well
 Good support from a mental health professional can make a real difference

able futures offers you:



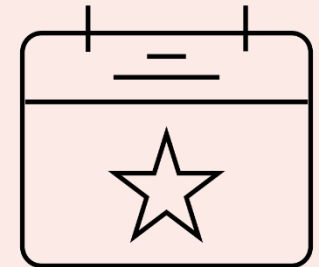
Advice on supporting employees



Employer toolkit

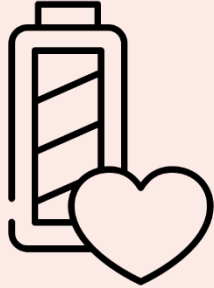


Internal promotion



Exclusive events

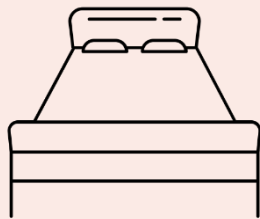
Good mental health is good for your business



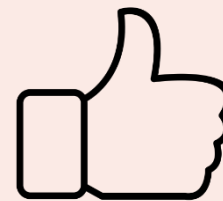
A healthier, happier workforce.



Improved employee retention.



Decreased absenteeism.



Enhanced employee morale.

A service to help people with mental health difficulties have more good days



One day
response

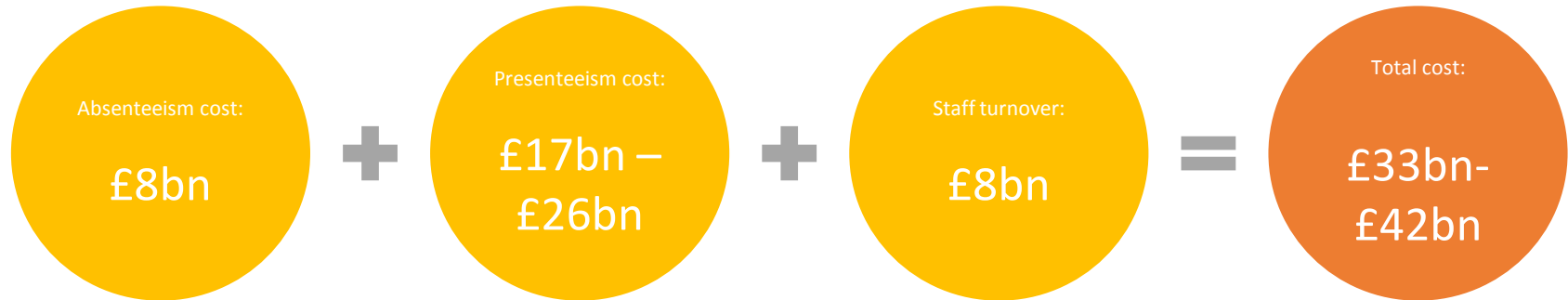


Professional
practitioners



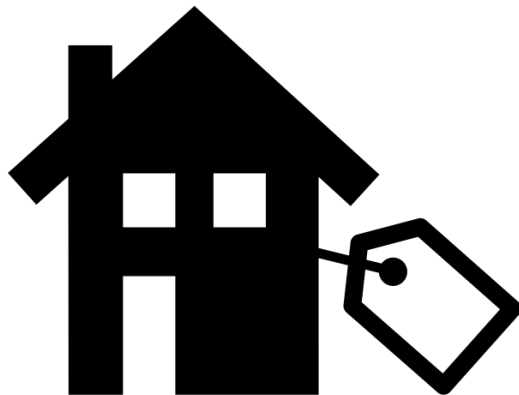
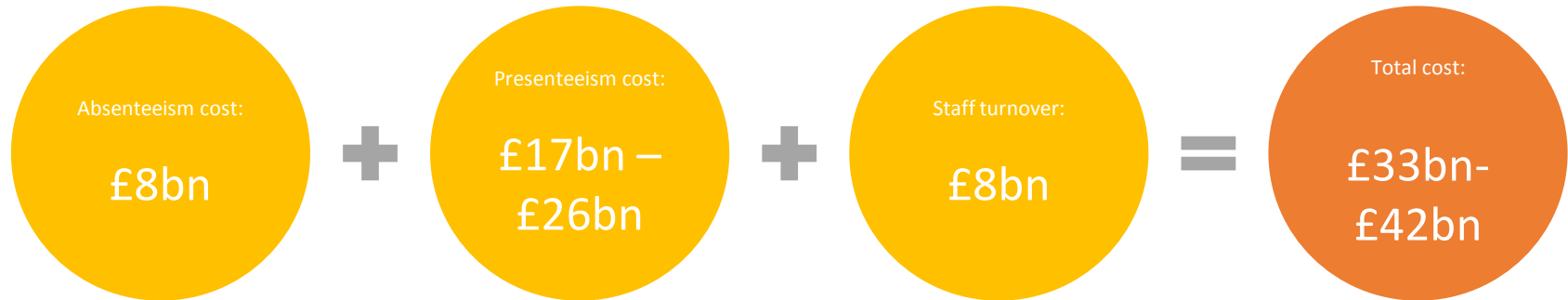
DWP
backed

This costs employers up to £42bn per year



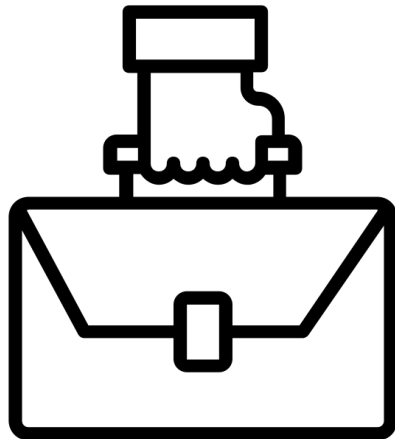
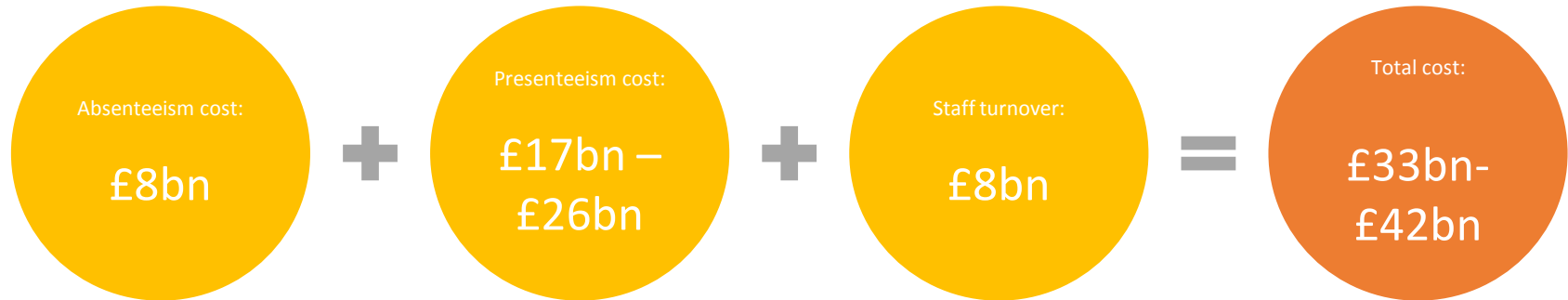
In the **insurance industry**, mental health issues are estimated to cost around **£2,564 per employee**

This costs employers up to £42bn per year



In the **real estate industry**, mental health issues are estimated to cost around **£2,564 per employee**

This costs employers up to £42bn per year



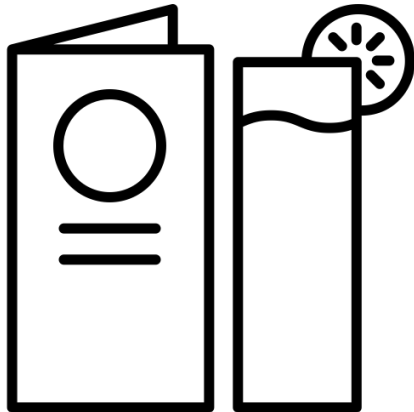
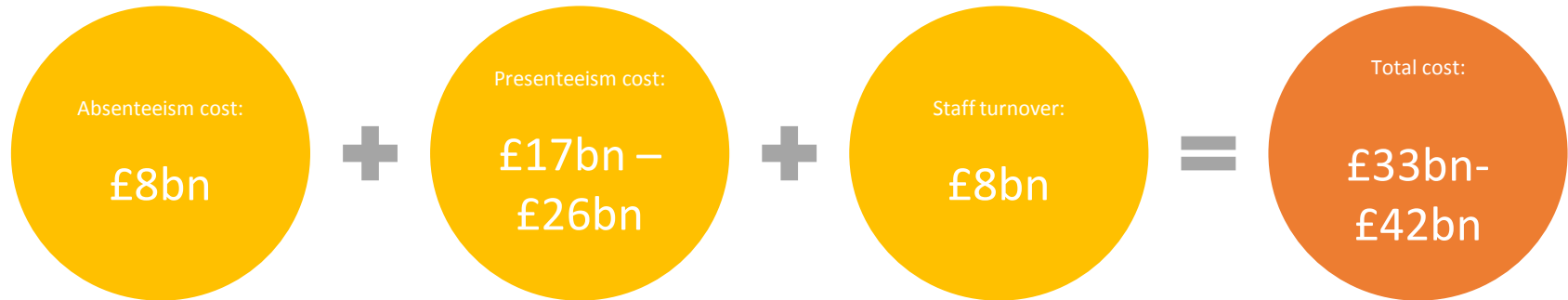
In the **professional services industry**, mental health issues are estimated to cost around **£1,998 per employee**

This costs employers up to £42bn per year



In the **retail industry**, mental health issues are estimated to cost around **£989 per employee**

This costs employers up to £42bn per year



In the **hospitality industry**, mental health issues are estimated to cost around **£932 per employee**