



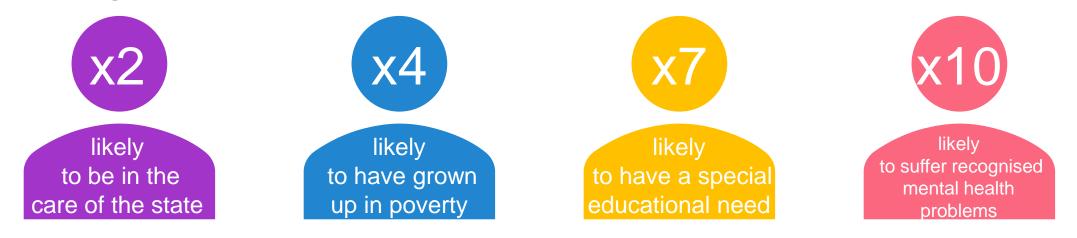
Worth Publishing

CourseWeDo



The effect exclusions have on the child and society

Children presenting with SEMH needs are the most likely to be excluded and are amongst the most vulnerable:



"Yet our education system is profoundly ill-equipped to break a cycle of disadvantage for these young people"

Source: Institute of Public Policy Research 2017



Our priority...

...is the inclusion of <u>all</u> children, especially those who have had the worst starts in life, with high ACE scores, to help them settle to learn and thrive.



Some pupils will be CLA, or adopted but previously CLA, whilst others may still live with their birth families.

Behaviour is a communication of need. The only way that needs can be met is by exhibiting behaviours that get needs met!





BETTER PLAY



Online Courses



Understanding and working with different attachment styles



Designated Teacher's Development & Training Edition



Trauma in school: An attachment aware/trauma informed approach



Supporting young asylum seeking and refugee children through separation and loss

Webinars

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What the world needs now	0,0	LOCKED DOWN or LOCKED NY? Searce stores and distancy who have experienced schedule above Aver Div	All About Dogs (and us)		Exclusions Bringing The numbers down	BOUNCE SACK BETTER: the volue of play in solution gradent and recor mediated communication About Neur	Self-care Indulgence or necessity? We identified
What the World Needs Now – Norturing & Repleniahing Empathy The existence of Indep us them traphic develops and heav it can be indeed to develop. Any heavy of weighte effect exciting initially heaving a megative effect on their vie can abarrie to one another? And what happens when her one ompathy part blooked? Read race and analy the webinar+	Louise Bombér - Know Ne to Trach Me Book Launch Worth Publishing/CourseWeDo book launch went for Leuise's took, Know Me to Teach Me: Differentiated discipline for these recovering from Adverse Dridtood Experimense. Read more and watch the webinar - +	Locked down or locked in? Secrets, shame and diatencing in working with children who have experienced domestic abuse – Ann Dia Dranstranges Ann Dis, express resee affecting children & years propie experiencing and whomeing domestic states and viewness Read noise and witch the webing – +	ALL ABOUT DOGS (and us) A webinar where we talk all about attachment, trauma and DOGS We load at where we have been learning and sort with clinking und young proofs from possible signe edicating that a dog is becoming streased, and the best way to mapped. We also take should dog element Therapy	Dr Dan Hughes – It Wes That One Moment Worth Publishing/CourseWeDo with Dr Dan Hughes Ph.D., Christal Psychologial, focusing on his vary personal book of poems and reflections on his long parser. Read more and watch the wobinar 🔸	Exclusions – Bringing the numbers down The extent will address the partial time of a bring how not attactment extension, transma Wormed perspective, evolution of highly lively to reminisce the evolute of reportion and leatablish for children and young people whow childrenging behaviour not brought them to that parts. Plead more and welds the webinar • •	BOUNCE BACK BETTER: the role of play in building more individual resilience and more resilient communities - Alleon Woolf ALISON WOOLF, play hercans, thry specialist and active rill Baher Play decusing the internance of play in sendo in individualizing realistics. Itsnays COVID and beyond Pead nose and watch the wobing: -+	Soft-care - Indulgence or necessaity?- Shella Muhanney ta sel-care setting at indulgence? Of its ref?-cere scaled or necessity, a composibility area, it was want to be grouped with the work to be grouped or the setting of the and pattern and the setting resourced and lasting resourced parts? Pacad neces and watch the webhar+

Face to face

We have a team of CourseWeDo consultants who are available for face-to-face training on any aspect of our resources or programmes





Attachment

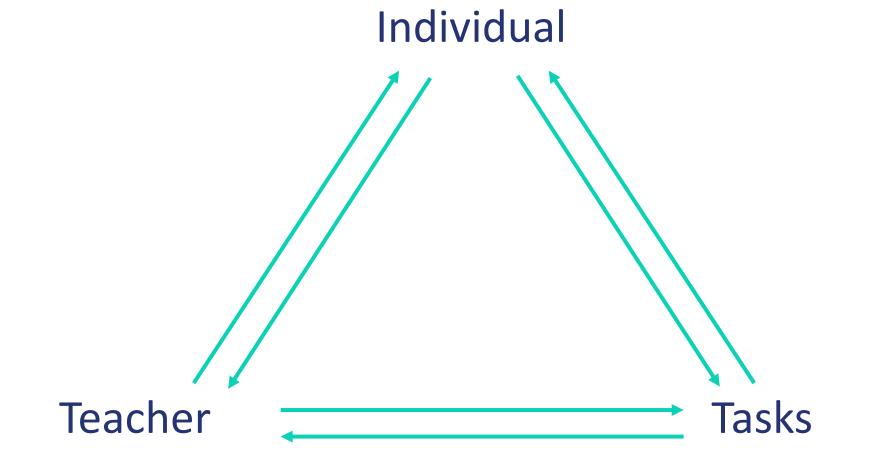
 A theory concerning <u>relationships between humans</u>. The most important tenet is that young children need to develop a relationship with at least one primary caregiver for normal social and emotional development. The theory was formulated by psychiatrist and psychoanalyst John Bowlby(1950's)

 Particularly when the attachment system involves a caregiver and child, the relational interactions associated with attachment needs shapes neural development and emotional and biological regulation processes in children. Thus, a child's <u>relational environment</u>, and parenting environment, has lifelong impacts.



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The Learning Triangle (Geddes)





For all education staff

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For all education staff & for evidencing

REACH 2TEACH AFIT - ACTION FOR INCLUSION TOOL For parents, carers & guardians of fostered and adopted children



Communication Attachment Responsiveness Empathy



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Select a behaviour

Hates &

rejects praise

Resists teacher's

Rubbishing

teacher's work

Wants to work on

their own

Misinterprets

others' behaviour

Finds transitions &

endings difficult

Appears indifferent

or uncaring

Angry & aggressive

Hypervigilant

REACH **2TEACH** BIG (BEHAVIOUR INTERVENTION GUIDE) APP

Seeks to control

the teacher

Overly dependent

Can't sit still

manipulative

Runs out

Easily distracted

Lies and fabricates

Avoids eye contact

Limited

Argues about rules

or can't follow

forgets work

Doesn't want

adults being close

Resists difficult

Can't follow

Does not talk

about feelings

Talks about

feelings alot

Risky behaviour



REACH Commu	nication Attachmer	nt Responsiveness E	mpathy
4CARE	Click on a bel	naviour to start	
Highly anxious	Argues about rules or can't follow	Overly dependent	Rubbishes or rips up what they do
Tends to be a	Sulks if not picked / given special attention	Resists / avoids	Rubbishes / rejects what
perfectionist		tasks / homework	you say / do / offer
Can't sit still	Doesn't want adults	Appears arrogant,	Wants to do things
	physically close	omnipotent & controlling	on their own
Resists adult's guidance	Resists difficult	Runs out of house /	Misinterprets others'
	conversations	class	behaviour / comments
Appears	Hates &	Bullies people or	Finds transitions &
manipulative	rejects praise	animals	endings difficult
Needs constant	Reluctant to talk	Easily distracted	Appears indifferent
reassurance	about feelings		or uncaring
Rapid mood changes	Talks about feelings a lot & catastrophises	Lies & fabricates	Angry & aggressive
Overuse of Internet / social media	Gets upset easily	Avoids eye contact	Hypervigilant
Clingy	Risky behaviour	Limited imagination	Attention seeking

4CARE	Click on a behaviour to start				
Highly anxious	Argues about rules or can't follow	Overly dependent	Rubbishes or rips up what they do		
Tends to be a	Sulks if not picked /	Resists / avoids	Rubbishes / rejects what		
perfectionist	given special attention	tasks / homework	you say / do / offer		
Can't sit still	Doesn't want adults	Appears arrogant,	Wants to do things		
	physically close	omnipotent & controlling	on their own		
Resists adult's guidance	Resists difficult	Runs out of house /	Misinterprets others'		
	conversations	class	behaviour / comments		
Appears	Hates &	Bullies people or	Finds transitions &		
manipulative	rejects praise	animals	endings difficult		
Needs constant	Reluctant to talk	Easily distracted	Appears indifferent		
reassurance	about feelings		or uncaring		
Rapid mood changes	Talks about feelings a lot & catastrophises	Lies & fabricates	Angry & aggressive		
Overuse of Internet / social media	Gets upset easily	Avoids eye contact	Hypervigilant		
Clingy	Risky behaviour	Limited imagination	Attention seeking		

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Highly anxious

Denies need

for support

Continually

avoids work

Rubbishes or

rips up work

Rapid mood

changes

Sulks if

not picked

& controlling

Insists on going

Steals or gorges

food Needs constant

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Select a behaviour

REACH 2TEACH BIG (BEHAVIOUR INTERVENTION GUIDE) APP

REACH
4CARE
Communication Attachment Responsiveness Empathy

Seeks to control Hates & **Highly anxious** or can't follow the teacher rejects praise **Denies need** Can't organise or Resists teacher's **Overly dependent** forgets work Rubbishes Can't sit still avoids work teacher's work **Rubbishes or** Doesn't want Wants to work on their own adults being close manipulative rips up work Rapid mood **Resists difficult** Misinterprets Runs out others' behaviour Finds transitions & Can't follow Overly not picked endings difficult Does not talk Appears indifferent **Easily distracted** & controlling about feelings or uncaring insists on going Talks about Lies and fabricates Angry & aggressive feelings alot Steals or gorges Avoids eye contact Gets upset easily Hypervigilant food Needs constant Limited **Risky behaviour**

REACH Commu	ACH Communication Attachment Responsiveness Empathy			
4CARE	ARE Click on a behaviour to start			
Highly anxious	Argues about rules or can't follow them	Overly dependent	Rubbishes or rips up what they do	
Tends to be a	Sulks if not picked /	Resists / avoitis	Rubbishes / rejects what	
perfectionist	given special attention	tasks / homework	you say / do / offer	
Can't sit still	Doesn't want adults	Appears arrogant,	Wants to do things	
	physically close	omnipotent & controlling	on their own	
Resists adult's guidance	Resists difficult conversations	Runs out of house / class	Misinterprets others' behaviour / comments	
Appears	Hates &	Bullies people or	Finds transitions &	
manipulative	rejects praise	animals	endings difficult	
Needs constant	Reluctant to talk	Easily distracted	Appears indifferent	
reassurance	about feelings		or uncaring	
Rapid mood changes	Talks about feelings a lot & catastrophises	Lies & fabricates	Angry & aggressive	
Overuse of Internet / social media	Gets upset easily	Avoids eye contact	Hypervigilant	
Clingy	Risky behaviour	Limited imagination	Attention seeking	

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Use the icons to navigate

PEACH 2TEACH BIG (BEHAVIOUR INTERVENTION GUIDE) APP



Seeks to control ut rules Hates & **Overly dependent** the teacher Home screen / Reset Â nise or **Resists teacher's Overly** dependent Potential Attachment pattern teacher's work Ambivalent Wants to work on Child's needs g close their own \oslash ficult **Misinterprets** Approaches / Actions **Runs out** others' behaviour m General principles Finds transitions & Overly moundions endings difficult Does not talk Appears arrogant Appears indifferent **Easily distracted** & controlling about feelings or uncaring Insists on going **Talks** about Lies and fabricates Angry & aggressive feelings alot Steals or gorges. Gets upset easily Avoids eye contact Hypervigilant food Needs constant **Risky behaviour**

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Child's needs		hante (
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Rapid mood changes.			
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(Cingy)			

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Learn about the associated potential pattern of Attachment behaviour

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Communication Attachment Responsiveness Empathy

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Overly dependent Potential pattern of Ambivalent Attachment behaviour

Potential pattern of Ambivalent Attachment behaviour

- This describes a type of insecure pattern of attachment behaviour which some children develop as a survival strategy to manage the relationships and context of their early lives.
- It does not in any way suggest that the child has an 'attachment disorder', something only a clinician can diagnose.
- We all have habitual patterns and styles of relating, which can expand and develop through maturity, or become more fixed and evident when we are stressed or overwhelmed.
- So noticing and understanding your child's pattern or style of being in the world and relating to people and activities, could help you understand what needs and feelings may be driving their behaviour, particularly if that behaviour becomes challenging at times.
- And that can help you respond with empathy, to help them feel safe and loved, grow and thrive.

An 'ambivalent' insecure pattern of attachment behaviour suggests someone who prioritises closeness to people, especially at times of stress, perhaps avoiding getting involued in interacte habine tarks and learning. A child with an ambivilant stale can

See other

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OVERLY DEPENDENT - Ambivalent Attachment pattern of behaviour This describes a type of insecure attachment pattern in the way the pupil relates to other people and to tasks, especially, in the school context, prioritising closeness to teaching staff rather than focussing on learning. A pupil with an ambivalent attachment style can behave in ways that reveal a significant vulnerability in terms of the challenges of separation and fears of being lost from the mind' of the 'significant other' - in the school context, the teacher.

Because of this vulnerability, these pupils can seem quite demanding, as they attempt to cling to, possess and intrude into others. Significant others can be left feeling emotionally exhausted at times. This presentation can be as a result of the child experiencing trauma and loss in their early years, and critically, inconsistent and confusing caregiving, at times warm and inviting (to the point of over-enmeshed and controlling), at other times rejecting, critical and humiliating.

These children have not been able or enabled to develop the satisfaction of becoming absorbed in playing alone, with the care of an open, engaged, empathic, attuned adult available but not involved. The parent has either been absent, or intruded into the child's play. The parent themselves may have been treated in a similar way as a child, and continue to hunger for 'an other' to care for

See other Ambivalent behaviours

Find out what needs the child has (relational & learning)

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OVERLY DEPENDENT - The child's needs

- To gradually build the capacity to tolerate separation
- To build the capacity for independence
- To engage with tasks (learning) separate from the adult, and be comfortable with this
- To build confidence in their skills and ability to think things through, and thus self-esteem
- To learn to find interest and satisfaction in their own activities
- To build relationships with their peers built on shared enjoyment and interest
- Adults who can empathise with the fear of independence necessary for learning, rather than get irritated by it
 - Adults who recognise that being dependent is the pupil's survival strategy for managing the terror of losing control of the adult's attention (which can feel like abandonment) (Geddes, 2006)

See other Ambivalent behaviours

REACH 4CARE

Communication Attachment Responsiveness Empathy

REACH Communication Attachment Responsiveness Empathy 4CARE Overly dependent - Child's relational & learning needs

Child's needs - DEVELOPMENTAL

Child's needs - FROM THEIR ADULTS

A

- To gradually build the capacity to tolerate separation
- · To build the capacity for independence
- · To engage with activities separate from their key adults, and be comfortable with this
- To build confidence in their skills and ability to think things through, and thus their selfesteem
- · To learn to find interest and satisfaction in their own activities
- · To build relationships with their peers built on shared enjoyment and interest

See other Ambivalent behavio

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Find out what **YOU** can do to help and support

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OVERLY DEPENDENT - Approaches / Actions

- Have a named person in school for the pupil (Key Adult, Bombèr 2007, 2015) to make an authentic, reliable relationship with the pupil, to provide support whilst they builds strengths to manage separation and focus on learning
- Name, acknowledge, and empathise with the pupil's level of anxiety and wish to be with an adult
- When the pupil is frequently kept off school for minor ailments, engage the parent in working together to support the pupil back into school for timed periods, with increasing involvement in learning (Geddes, 2006)
- Have procedures in place that respond quickly to absence, so that the pupil feels 'held in mind' appropriately by the school. This will lead to an experience of the reliability of the school system. The parent or carer may also need additional support to help them help their child see school as a safe and encouraging place to explore independence step by step
- The Key Adult can make regular, specific, special time to meet with the pupil to plan for the day, including anticipating any changes (beginnings, separations and endings) that may raise the pupil's anxiety about being forgotten

See other Ambivalent behaviours

REACH 4CARE

Communication Attachment Responsiveness Empathy

REACH Communication Attachment Responsiveness Empathy **4CARE** Overly dependent – Approaches / actions

Approaches / actions - At home

Approaches / actions - At school

n

- A timer can help moderate anxiety during short, timed, independent activities (Bomber 2007)
- Try activities that involve turn-taking, to model the experience of two separate people working alongside each other, rather than merged with each other
- Surprise your child by letting them know you were thinking about them when you
 were not together: 'Whilst you were out with Shavi, I saw that cat with one white
 paw you really like, I took a picture of her for you'. A child who has been rejected in
 their early lives for doing things independently can find it hard to believe that an adult
 will think about them when they are not physically together.
- Sending texts now and again is fine for all kinds of degrees of separation, but don't let the child think you don't trust them or are 'hovering. Learn to tolerate your own anxiety if perhaps your home feeling like an 'empty nest' without your child is driving you to contact them: make sure to find support and other things you can do for yourself
- Affirm your child and other family members when they do something that demonstrates thinking, planning, decision-making and becoming absorbed in activities independently (self-efficacy)

other Ambivalent behav

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View other associated behaviours

PEACH 2TEACH BIG (BEHAVIOUR INTERVENTION GUIDE) APP



Argues about rules Seeks to control Hates & **Highly anxious** or can't follow the teacher **Denies need** Can't organise or **Resists teacher's Overly dependent** for support forgets work Continually Clingy Can't sit still avoids work teacher's work Wants to work on **Rubbishes or** Doesn't want Appears manipulative rips up work adults being close their own Rapid mood **Resists difficult Runs** out others' behaviour changes Finds transitions & Sulks if Can't follow not picked endings difficult Appears indifferent **Easily distracted** & controlling about feelings or uncaring Insists on going Talks about Lies and fabricates Angry & aggressive feelings alot Steals or gorges Gets upset easily Avoids eye contact Hypervigilant food Needs constant Limited **Risky behaviour** Attention seeking reassurance

REACH Commu	nication Attachmer	nt Responsiveness E	mpathy 🏠
4CARE	Easily distracted - Ar	mbivalent behaviours	
Highly anxious	Argues about rules or can't follow them	Overly dependent	Rubbishes or rips up what they do
Tends to be a	Sulks if not picked /	Resists / avoids	Rubbishes / rejects what
perfectionist	given special attention	tasks / homework	you say / do / offer
Can't sit still	Doesn't want adults	Appears arrogant,	Wants to do things
	physically close	omnipotent & controlling	on their own
esists adult's	Resists difficult	Runs out of house /	Misinterprets others'
guidance	conversations	class	behaviour / comments
Appears	Hates &	Bullies people or	Finds transitions &
manipulative	rejects praise	animals	endings difficult
eeds constant	Reluctant to talk	Easily distracted	Appears indifferent
reassurance	about feelings		or uncaring
Rapid mood changes	Talks about feelings a lot & catastrophises	Lies & fabricates	Angry & aggressive
Overuse of Internet / social media	Gets upset easily	Avoids eye contact	Hypervigilant
Clingy	Risky behaviour	Limited imagination	Attention seeking

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Behaviours with 2 or more potential patterns of Attachment behaviour

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Argues about rules Seeks to control Hates & **Highly anxious** or can't follow the teacher rejects praise Can't organise or **Resists teacher's Overly dependent** for support forgets work guidance Rubbishes Continually Can't sit still avoids work teacher's work Doesn't want Wants to work on **Rubbishes or** adults being close manipulative rips up work their own Rapid mood Misinterprets **Runs** out changes conversations others' behaviour Finds transitions & Sulks if Can't follow not picked endings difficult Appears arrogant Does not talk Appears indifferent **Easily distracted** & controlling about feelings or uncaring Talks about Lies and fabricates Angry & aggressive first feelings alot **Steals or gorges** Gets upset easily Avoids eye contact Hypervigilant food Needs constant Limited **Risky behaviour**

REACH Commu	nication Attachmer	t Responsiveness E	mpathy
4CARE	Click on a beł	aviour to start	
Highly anxious	Argues about rules or can't follow them	Overly dependent	Rubbishes or rips up what they do
Tends to be a	Sulks if not picked / given special attention	Resists / avoids	Rubbishes / rejects what
perfectionist		tasks / homework	you say / do / offer
Can't sit still	Doesn't want adults	Appears arrogant,	Wants to do things
	physically close	omnipotent & controlling	on their own
Resists adult's guidance	Resists difficult	Runs out of house /	Misinterprets others'
	conversations	class	behaviour / comments
Appears	Hates &	Builies people or	Finds transitions &
manipulative	rejects praise	animals	endings difficult
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Overuse of Internet / social media	Gets upset easily	Avoids eye contact	Hypervigilant
Clingy	Risky behaviour	Limited imagination	Attention seeking

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Behaviours with 2 or more potential patterns of Attachment behaviour

REACH 2TEACH BIG (BEHAVIOUR INTERVENTION GUIDE) APP



Communication Attachment Responsiveness Empathy

4CARE

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Rapid mood changes - Potential pattern of Ambivalent Attachment behaviour

Potential pattern of Ambivalent Attachment behaviour

- This describes a type of insecure pattern of attachment behaviour which some children develop as a survival strategy to manage the relationships and context of their early lives.
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- And that can help you respond with empathy, to help them feel safe and loved, grow and thrive.

An 'ambivalent' insecure pattern of attachment behaviour suggests someone who prioritises closeness to people, especially at times of stress, perhaps avoiding getting involved in laterative bobbies, tasks and learning. A child with an ambivalent child can

See other Ambivaler

Disorganised behaviour

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RAPID MOOD CHANGES - Ambivalent Attachment pattern of behaviour This describes a type of insecure attachment pattern in the way the pupil relates to other people and to tasks, especially, in the school context, prioritising closeness to teaching staff rather than focussing on learning. A pupil with an ambivalent attachment style can behave in ways that reveal a significant vulnerability in terms of the challenges of separation and fears of being 'lost from the mind' of the 'significant other' - in the school context, the teacher.

Because of this vulnerability, these pupils can seem quite demanding, as they attempt to cling to, possess and intrude into others. Significant others can be left feeling emotionally exhausted at times. This presentation can be as a result of the child experiencing trauma and loss in their early years, and critically, inconsistent and confusing caregiving, at times warm and inviting (to the point of over-enmeshed and controlling), at other times rejecting, critical and humiliating.

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See other Ambivalent behaviours

See other Disorganised behaviours

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Behaviours with 2 or more potential patterns of Attachment behaviour

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REACH Communication Attachment Responsiveness Empathy A 4CARE Rapid mood changes - Disorganised behaviours Argues about rules Rubbishes or rips up Highly anxious Overly dependent or can't follow them what they do Wants to do things Appears arrogant, Can't sit still physically close omnipotent & controlling **Resists difficult** Runs out of house / Misinterprets others' conversations class behaviour / comments Finds transitions & Bullies people or Hates & animals endings difficult rejects praise C Reluctant to talk Appears indifferent Easily distracted m Rapid mood changes Lies & fabricates Angry & aggressive Overuse of Internet / Hypervigilant social media **Risky behaviour** Ambivalent behaviours Disorganised behaviours

Highly anxious	Argues about rules or can't follow	Seeks to control the teacher	Hates & 🗙 rejects praise
Denles need for support	Can't organise or forgets work	Overly dependent	Resists teacher's guidance
Continually avoids work	Clingy	Can't sit still	Rubbishing teacher's work
Rubbishes or rips up work	A CANADA A C		Wants to work on their own
Rapid mood changes	Resists difficult conversations	Runs out	Misinterprets others' behaviour
Sulks if not picked			Finds transitions & endings difficult
Appears arrogant & controlling	Does not talk about feelings	Easily distracted	
Insists on going first	Talks about feelings alot	Lies and fabricates	Angry & aggressive
Steals or gorges food	Gets upset easily	Avoids eye contact	Hypervigilant
Needs constant reassurance	Risky behaviour	Limited imagination	Attention seeking

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Ofsted's 3 l's



INTENT What is meant to be learnt



IMPLEMENTATION How you plan to meet the intent



IMPACT How effective implementation was

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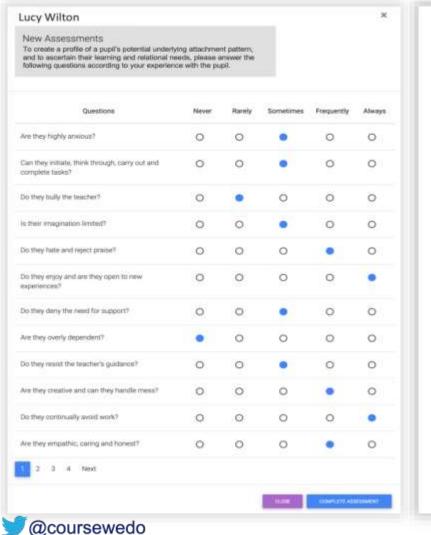


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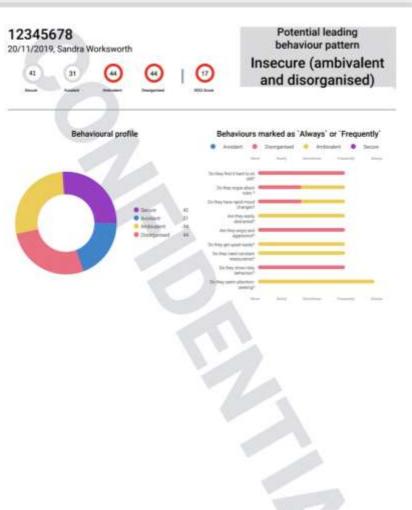
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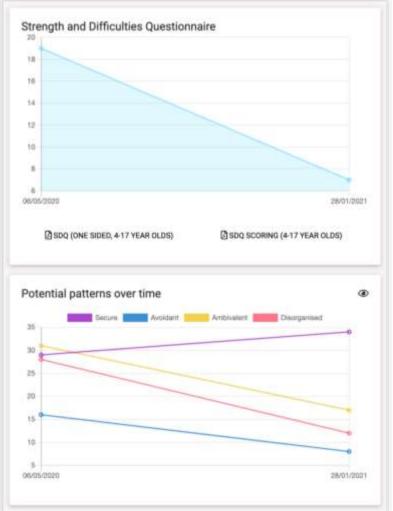
Strength based – secure behaviours



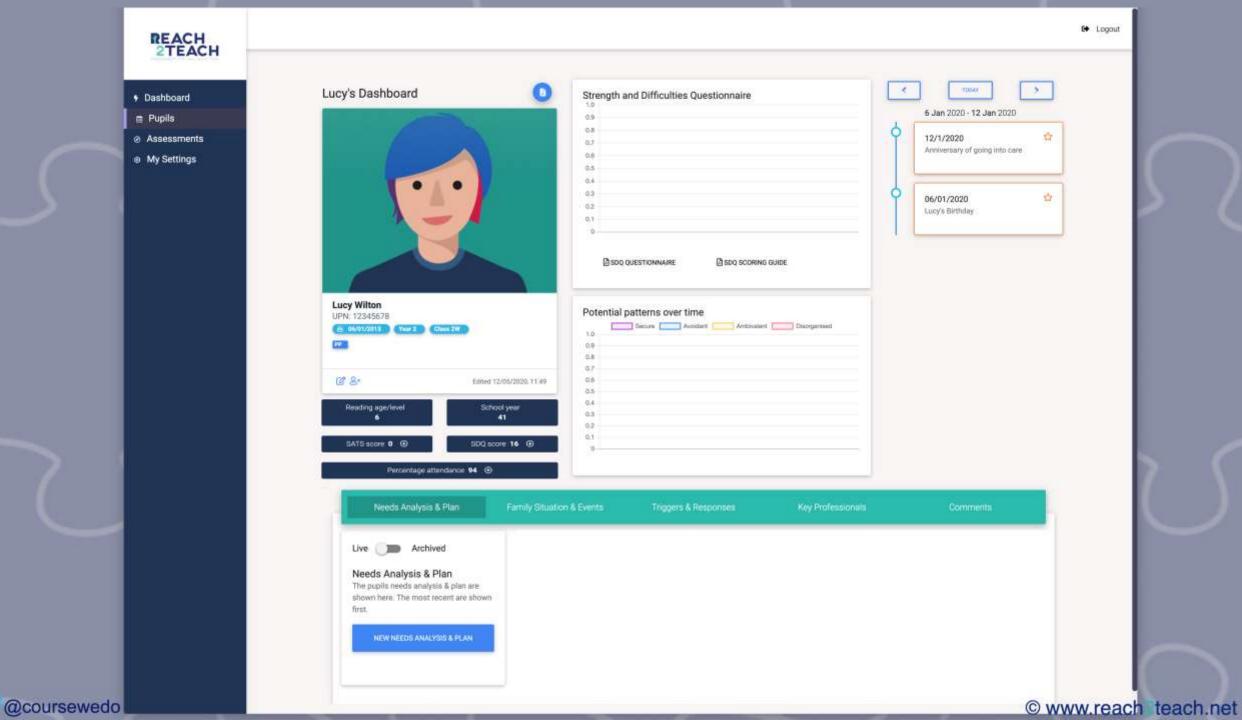
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Lucy Wilton

Note

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Deshboard

REACH 2TEACH

a constant and the

Questions	Never	Rarely	Sometimes	Frequently	Always
Are they highly anxious?	0	0	•	0	0
Can they initiate, think through, carry out and complete tasks?	0	0	•	0	0
Do they bully the teacher?	0	•	0	0	0
is their imagination limited?	0	0	•	0	0
Do they hate and reject praise?	0	0	0	•	0
Do they enjoy and are they open to new experiences?	0	0	0	0	•
Do they deny the need for support?	0	0	•	0	0
Are they overly dependent?	•	0	0	0	0
Do they resist the teacher's guidance?	0	0	•	0	0
Are they creative and can they handle mess?	0	0	0	•	0
Do they continually avoid work?	0	0	0	0	•
Are they empathic, caring and honest?	0	0	0	•	0
1 2 3 4 Next					

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Timeline A timeline of your coulent agenticarity

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Results

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× Lucy Wilton 2TEACH 20/11/2019 20:45 A sandraworksworth Avoidant Ambivalent Disorganised SDO Secure

Potential Leading Behaviour Pattern: INSECURE (AMBIVALENT)

This scoring suggests that this pupil's behaviour may indicate a leading insecure ambvialent pattern of attachment in school. This may indicate that they unconsciously prioritise a focus on relationship over a focus on task (learning) in school. They need adults who recognise that having a relationship with a mature adult who holds them in mind and stays connected with them helps them feel safe. The aim of work with pupils with this pattern is to enable them to gradually build relationship with a key adult who respects their need to hold onto task until such time as their trust develops.

Read more

REACH

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the assessment is user friendly and uses simple but effective language that can be interpreted well

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REACH 2TEACH

Deshboard



This scoring suggests that this pupil's behaviour may indicate a leading insecure ambvialent pattern of attachment in school. This may indicate that they unconsciously prioritise a focus on relationship over a focus on task (learning) in school. They need adults who recognise that having a relationship with a mature adult who holds them in mind and stays connected with them helps them feel safe. The aim of work with pupils with this pattern is to enable them to gradually build relationship with a key adult who respects their need to hold onto task until such time as their trust develops.

id more			.*
Behavioural Profile	Behaviours	Needs & Strategies	Core Principles
ehaviours marked a	s 'Always' or 'Frequ	ently'	
Do they find	it hard to sit still?		
Do they a	rgue about rules ?		
Do they have rapi	d mood changes?		
Are they	easily distracted?		
Are they angr	y and aggressive?		-
Do they	get upset easily?		
Do they need cons	tant reassurance?		
Do they show	v risky behaviour?		
Do they seem a	attention-seeking?		
9 S	ecure 🔵 Avoidant 🧧	Ambivalent 🐵 Disorganise	d

🖾 Contact. 🗣 Support 🔂 Logout.

Timeline A timeline of your student significant e

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Deshboard

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Lucy Wilton

@ 20/11/2018 20/45 & sandoworkswort

Secure Anticivalent Avoidant Discoganosed I 500

Potential Leading Behaviour Pattern: INSECURE (AMBIVALENT)

This scoring suggests that this pupil's behaviour may indicate a leading insecure ambvialent pattern of attachment in school. This may indicate that they unconsciously prioritise a focus on relationship over a focus on task (learning) in school. They need adults who recognise that having a relationship with a mature adult who holds them in mind and stays connected with them helps them feel safe. The aim of work with pupils with this pattern is to enable them to gradually build relationship with a key adult who respects their need to hold onto task until such time as their trust develops.

Read more

Lucy Wilton

Start a r

Care Principles Behavioural Profile Behaviours Insecure behaviours marked as Always or Frequently DO THEY FIND IT HARD TO SIT STILL? DO THEY ARSUE ABOUT RULES ? DO THEY HAVE RAPID MOOD CHANGES? ARE THEY EASILY DISTRACTED? ARE THEY ANGRY AND AGGRESSIVET DO THEY GET UPSET EASILY? DO THEY NEED CONSTANT REASSURANCES DO THEY SHOW RISKY BEHAVIOUR? DO THEY SEEM ATTENTION-SEEKINGS Strategies and approaches C Relational C Learning Needs Select Mat? Notes Adults who recognise the behaviour as communication of P different needs. Adults who can manage any negative feelings the behaviour (8.7) atirs up for them Adults who are willing to recognise needs that may Whole school training on accompany or be part of AOHD Adults who are willing to provide a calm, mature mind to think 0 Ves 9 about what will help No:

Sil Carpert Q. Barowt & Lingui

Timeline A timeline of your public of

v

We wanted something that shows when the circumstances are optimised, the learner can flourish, it isn't just about the behaviour there is a person underneath and that their behaviour is just a communication of a need, whether it be learning or relational, and this [AFIT] was the perfect tool

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Deshboard

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Assessments



Potential Leading Behaviour Pattern: INSECURE (AMBIVALENT)

This scoring suggests that this pupil's behaviour may indicate a leading insecure ambvialent pattern of attachment in school. This may indicate that they unconsciously prioritise a focus on relationship over a focus on task (learning) in school. They need adults who recognise that having a relationship with a mature adult who holds them in mind and stays connected with them helps them feel safe. The aim of work with pupils with this pattern is to enable them to gradually build relationship with a key adult who respects their need to hold onto task until such time as their trust develops.

Read more

Lucy Wilton Behavioural Profile Behaviours Core Principles Insecure behaviours marked as Always or Frequently diam nonumy einm DO THEY AROUE ABOUT RULES? DO THEY HAVE RAPID MODD CHANGES? ARE THEY EASILY DISTRACTED? ARE THEY ANORY AND ADDRESSIVET DO THEY GET UPSET EASILY DO THEY NEED CONSTANT REASSURANCES DO THEY SHOW HISKY BEHAVIOUR DO THEY SEEM ATTENTION-SEEKING SATS score 0 The Pupil's needs Strategies and approaches you could try Notes Acknowledge the wish to move around, and name the fact 0 that it can be hard to sit still. Start a nu Provide something the pupil can fiddle with to give them an outlet for the energy (Bomber 2007): provide outlets and sensory interventions for physical energy to downregulate. (B)) and enable the pupil to develop their sense of a calm, alert Helen to be Key Adult state (Bornber 2020). Bomblet, L. M. (2007)Bomblet, L. M. (2020) This has had a very positive impact If possible, provide an adult to make relationship with the pupil. 0 No

SI Connect Of Bandwit 1 (* Lingual

Timeline A timeline of version

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nated here.

Very useful and simple to use. Gives a clear overview of needs, gave a wider variety of strategies...a useful tool for staff

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Deshboard

Assessments



Potential Leading Behaviour Pattern: INSECURE (AMBIVALENT)

This scoring suggests that this pupil's behaviour may indicate a leading insecure ambvialent pattern of attachment in school. This may indicate that they unconsciously prioritise a focus on relationship over a focus on task (learning) in school. They need adults who recognise that having a relationship with a mature adult who holds them in mind and stays connected with them helps them feel safe. The aim of work with pupils with this pattern is to enable them to gradually build relationship with a key adult who respects their need to hold onto task until such time as their trust develops.

Read more

Behavioural Profile

Needs & Strategies

Core Principles

1. Behaviour is communication, and that behaviour may communicate distress.

Behaviours

- Often what is being communicated is, at root, anxiety. Attachment relationships are fundamentally all about providing safety and stability to reduce that anxiety, and in schools to provide the felt sense of security essential to being able to settle to learn.
- Neither children, adolescents or adults respond well to being told, 'Don't be anxious' or 'Calm down'. They respond best to being supported to feel genuinely secure. This is true for all pupils, not only those with attachment difficulties.
- The adults in schools, the educational and all other staff, can contribute to the pupil's felt sense of security, or they can increase their anxiety.
- It is not possible to learn if we feel anxious. The capacity for curiosity, engagement, concentration and tolerating uncertainty are only present when we feel safe.
- 6. So the starting point for all our pupils is for staff to be able to maintain ourselves in a good enough state, to remain open and engaged, manage our feelings and maintain our capacity for empathy, thought and reflection, so we can provide our pupils with a felt sense of safety.
- The best way to enable pupils to feel genuinely secure is to provide them with at least one ongoing, stable, reliable relationship with a mature, empathic, attuned, consistent adult. Some traumatised and insecure pupils may benefit from having a small Team Pupil round them, made up of a few familiar adults who consistently provide support for them. The Home School partnership is also crucial for maintaining security and especially at times of transition or particular challenge.
 That adult can support the pupil to:
 - gradually become aware of and manage their physiological state
 - build trust in the adults, so they can accent quidance and ask for help

S Contact Q Support & Logout

Timeline

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A timeline of your student significant events an listed here.

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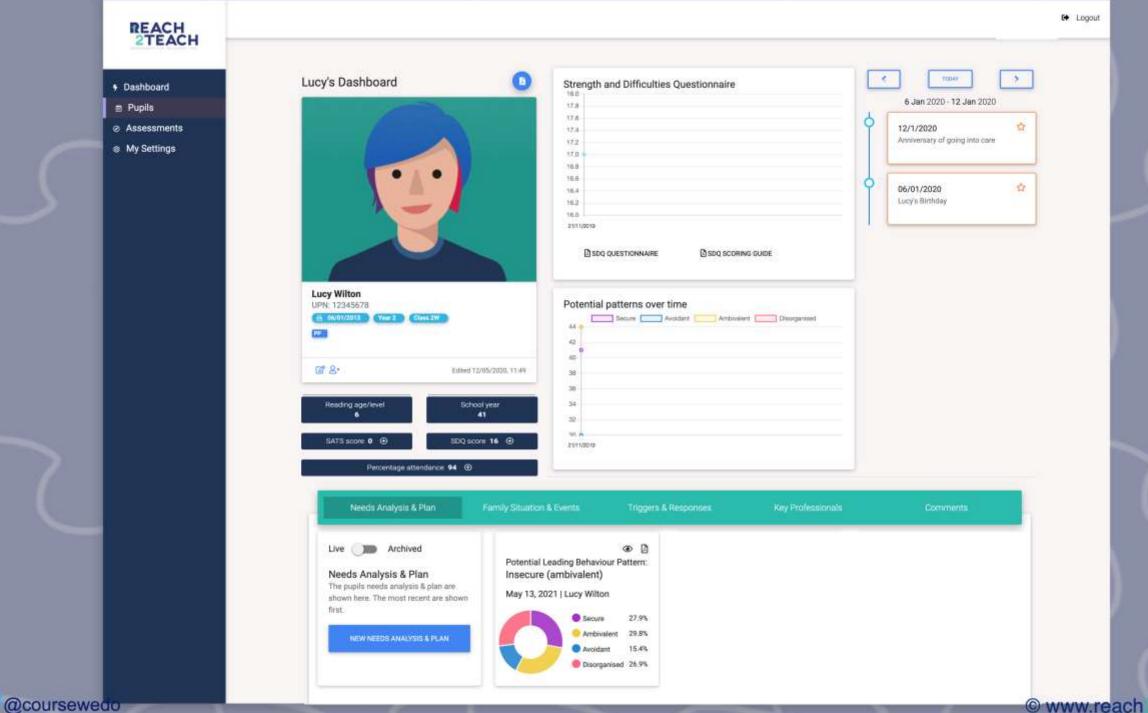
@coursewedo

UPN: 0123456789 13/05/2021, Lucy Wilton REACH 2TEACH Potential leading behaviour pattern Insecure (ambivalent) 27.9% 29.8% 15.4% 26.9% **CONDENSED ACTION PLAN - Strategies and approaches** Select Met?/ Note Useful? Do they argue about rules ? Strategy Don't get involved with power struggles; pick your battles. If you × find yourself being drawn down this road, get some support from a trusted colleague who won't pathologise the pupil, but will help you get grounded. Do they find it hard to sit still? LUCY Relational needs Adults who recognise the behaviour as communication of updated note different needs diam no Adults who are willing to recognise needs that may accompany or Whole school training be part of ADHD on ADHD Strategy Acknowledge the wish to move around, and name the fact that it Helen is taking the can be hard to sit still. lead Really had a positive impact Provide something the pupil can fiddle with to give them an outlet for the energy (Bomber 2007): provide outlets and sensory interventions for physical energy to downregulate and enable the pupil to develop their sense of a calm, alert state (Bomber 2020). Try to work out any patterns in what triggers the behaviour, This had a positive and plan for this with sensory breaks together with a Key Adult impact (Bomber 2016).

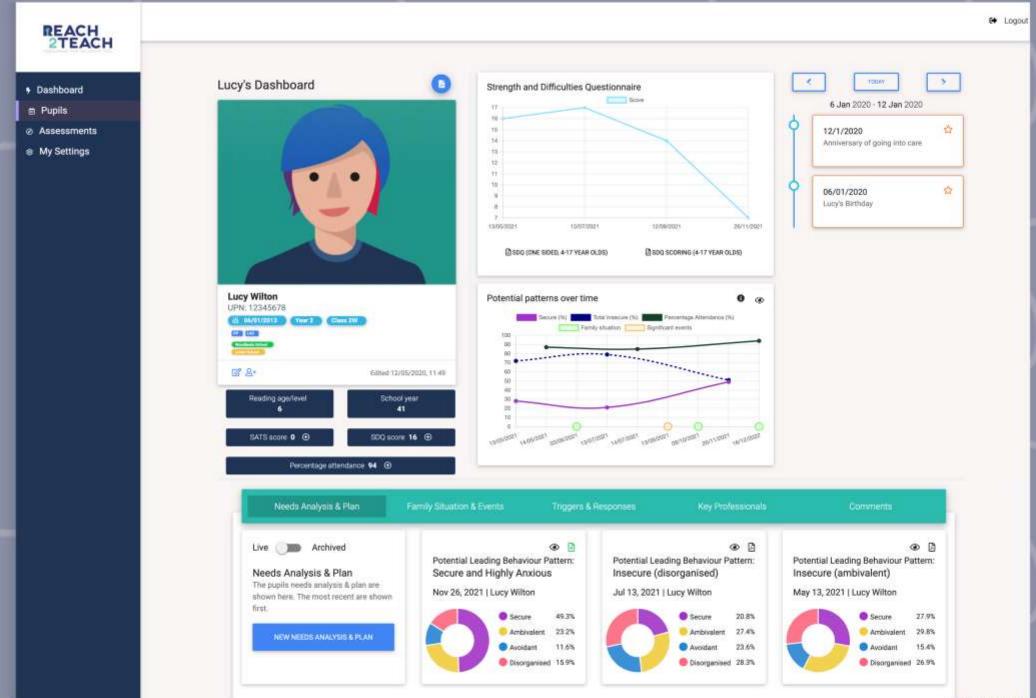
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Timeline Atmeline of very

> The strategies were really helpful... we have attached them [AFIT reports] to EHCP applications as evidence



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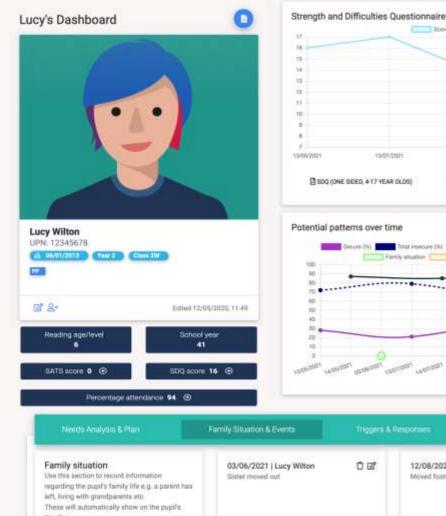
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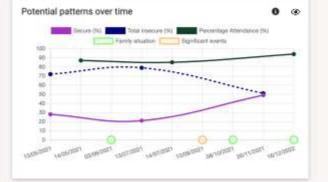


Dashboard E Pupils Assessments My Settings

do







Easy to use and language used is understood by staff. I like the events timeline and links to theory books to gain further knowledge.

Needs Analysis & Plan	Family Situation & Events	Triggers & Responses		Key Professionals	Comments	
Family situation Use this section to record information regarding the pupil's family life e.g. a parent has laft, living with grandparents etc These will automatically show on the pupil's timeline	03/06/2021 Lucy Wilton Satur moved out	0 đ	12/08/2021 Lucy Wilton Moved foster home	0 &	09/09/2021 Lucy Wilton Sister moved back in	0 6
NEW FAMILY EVENT						
Significant events This is the family history and significant events.	22/01/2020 Dog died	œ	16/04/2020 In a car accident	đ	Previous 1 Neo	+

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TODAY

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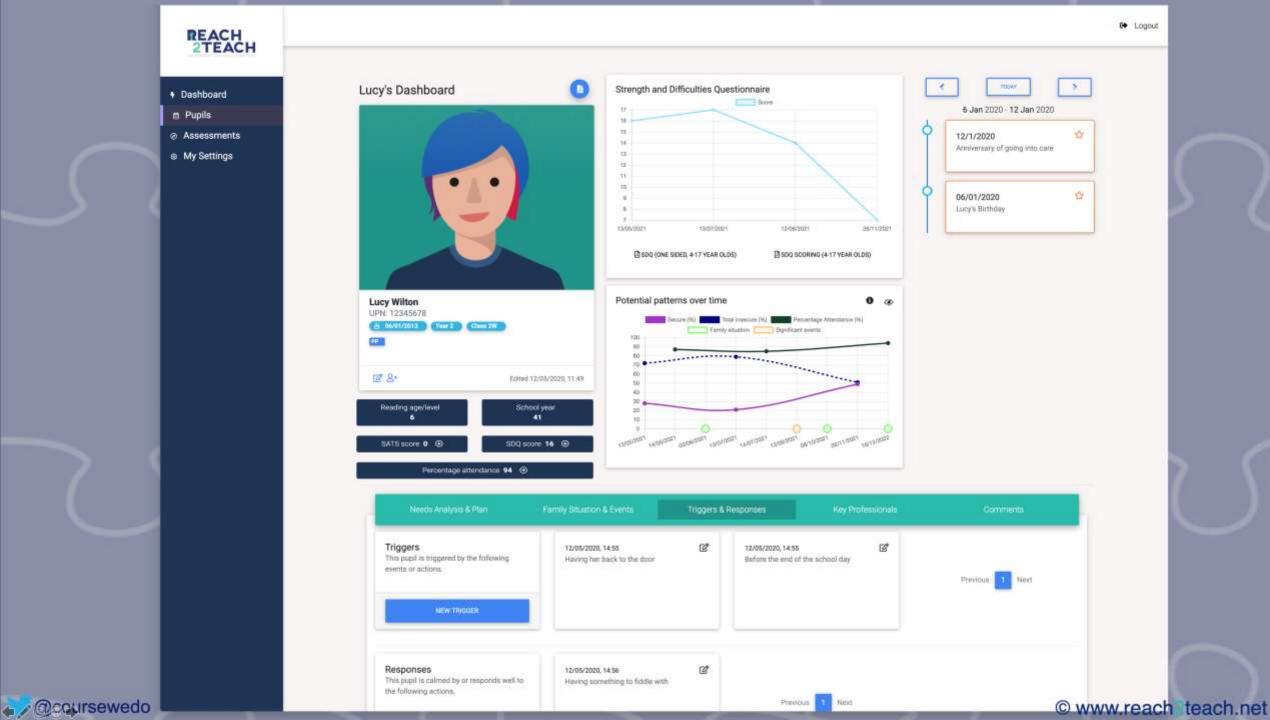
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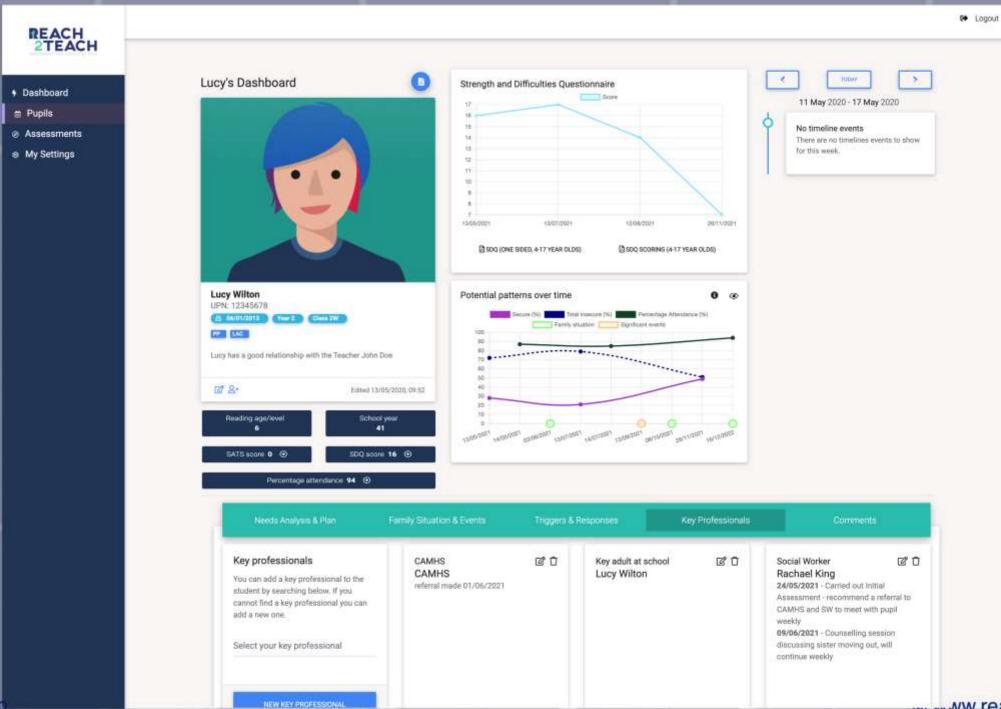
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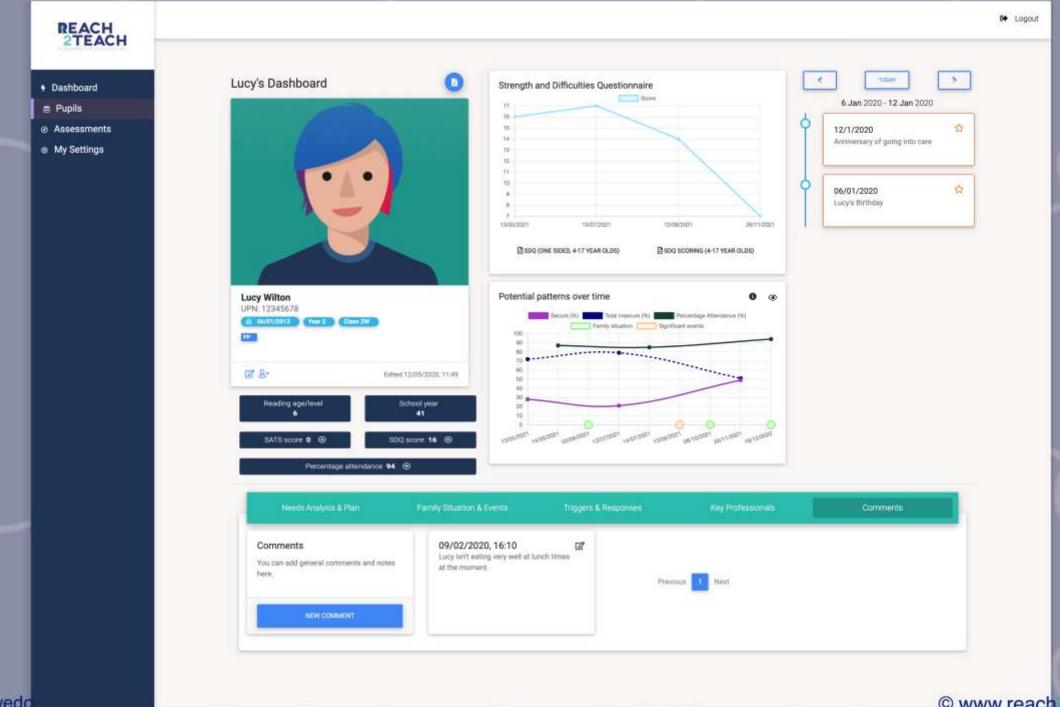
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Pupil's	Profile:	Anthony	Chan
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	4		-	А	5
- 44	IT I A	CTID	FOR	NCL	(SIGN

Pupil's Profile

Name:	Anthony Chan	Class:	4H
Date of Birth:	24/03/2013	Reading age/level:	6
UPN:	0123456789	Last SATS score:	0
School year:	41	Last SDQ score:	16
Percentage attendance:	94.0		

Additional info:

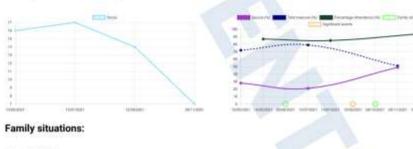
SEMH Social Emotional Mental Health SEND Special Educational Needs and Disability PP Pupil Premium

Collections:

Known to a Social Worker, SEND, Autism, Children In Need, Attendance issues,

Strength and Difficulties Questionnaire

Potential patterns over time



16/12/2022

Anthony in contact with mum

08/10/2021

Moved foster home

03/06/2021

Sister moved out

Significant Events:

Generated on 09/02/2023 12:21 from www.reach2teach.net

Page 1/2

TA assigned	
Triggers:	
22/02/2022	
Working on own	
03/03/3033	

Pupil's Profile: Anthony Chan

Break times and lunch Responses:

22/02/2022

A worry box, as recommended through the condensed action plan

02/02/2022

Key adult - Lucy Wilton

Key Professionals:

- CAMHS - CAMHS referral made 01/06/2021 Key adult at school - Lucy Wilton Social Worker - Rachael King 24/05/2021 - Carried out Initial Assessment - recommend a referral to CAMHS and SW of info regarding the 09/06/2021 - Counselling session discussing sister moving out, will continue weekly

Comments:

21/03/2022

Cat died

08.07.21 - Anthony has a good relationship with break time supervisor Lucy Wilton 02/02/2022

02.10.21 - Anthony has made significant progress with his key adult and the approaches in the condensed action plan

Generated on 09/02/2023 12:21 from www.reach2teach.net

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I love the tool... I

like how it contains a lot

child, in one place



Dashboard

a Pupils

Ø Needs analysis

🗠 Cohort trends

🐵 My Group/Teams

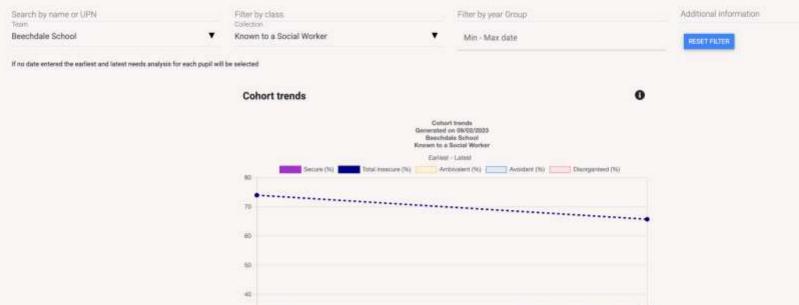
a My Users

My Settings

@ Support

Cohort trends

Use the filter by options and date range to display your chosen cohort trend. If no options or dates are selected a cohort trend for all teams and collections over time will be displayed. Your Cohort trends for those you have access to are shown here



ECautore This is a trend of averages taken from this ophort. Do not use this graph as a basis for any therapeutic intervention

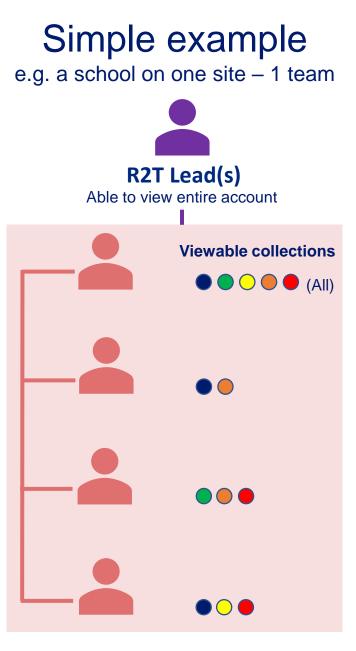
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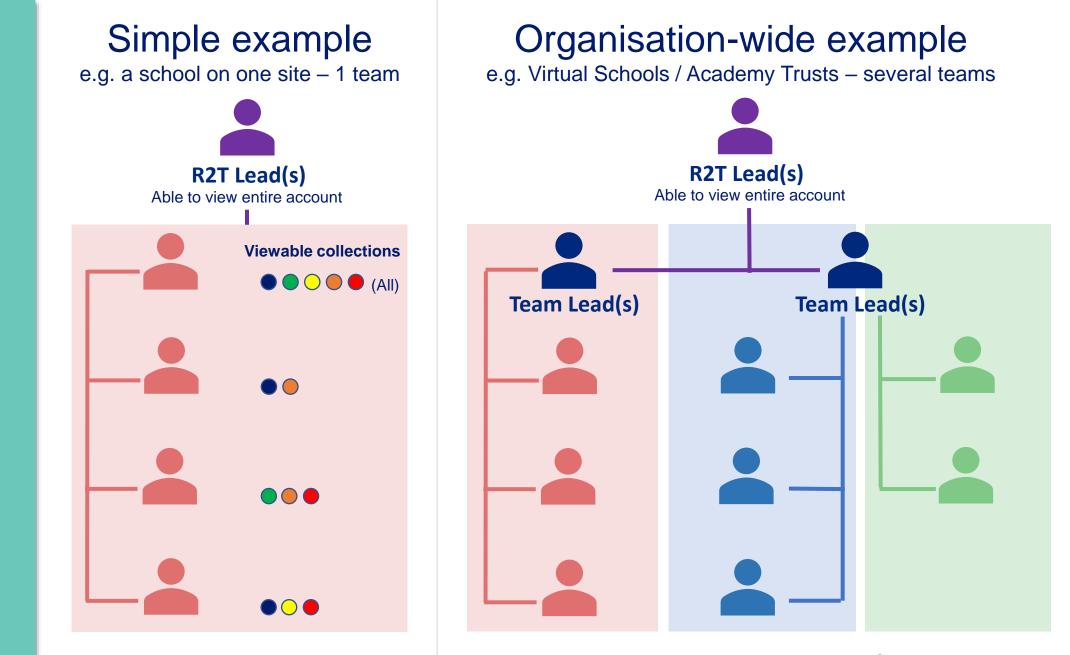
DOWNLOAD CHART

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Pupils & users can be assigned to collections within your team e.g. Year groups, house system, SEND, subjects etc.





Pupils & users can be assigned to collections within your team e.g. Year groups, house system, SEND, subjects etc.



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Reach2Teach support

How AFIT works

Who can use AFIT

Settings

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Pupils

Assessments

Pupil Dashboard

Core Principles

References

Welcome to the Reach2Teach Support

We have made a support centre to help you get started!

Click on a category below or use the search box to learn more

Settings

>

>

>

>

Activating your Reach2Teach Lead account

Reset password

Forgot password

Transferring the Reach2Teach Lead account with admin rights to someone else or adding a Reach2Teach Lead

Removing a Reach2Teach Lead account

Setting up Teams

Allocating a Team Lead

Inviting professionals/users to a team

Adding a professional/user to a collection(s)

Deleting a Team Lead

Deleting a professional/user

Pupils

Adding a pupil

Editing a pupil, adding additional information and an avatar

Logging an SDQ score (Strength and Difficulties Questionnaire)

Logging a SATS score

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Who can use AFIT Settings Pupils Assessments Pupil Dashboard Core Principles

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References

Generating a Pupil Dashboard report

You can generate a pdf report of a pupil's dashboard to share, print or attach to documents. This report will display the pupil's details along with a history of profile and SDQ score. All entries to Family situation & Significant events, Triggers & Responses, Key professionals and Comments are also included in the

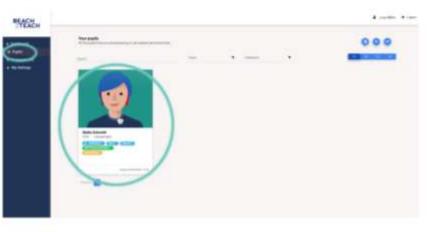
In Pupils section, select the pupil concerned.

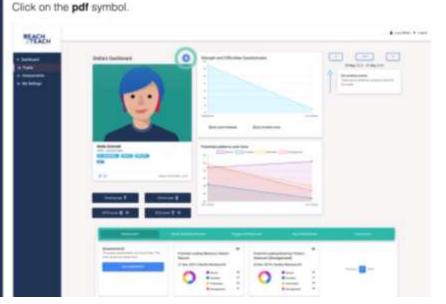
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Easy to navigate and use, really comprehensive FAQ's and help section.





Promotes Inclusion

AFIT is designed to help the inclusion of as many children as possible in mainstream education and thus minimise exclusions



Identifies Trends

Identifying trends enables early appropriate intervention



Saves Time Simple and easy to use software, no more paper trails



Pupil transfer GDPR compliant data transfer if a pupil moves school



Recommends Actions

Recommends actions to support vulnerable children and checks if actions have made an impact for the child



Validation

Cross checks and correlates with the world-renowned The Strengths and Difficulties Questionnaire (SDQ)

Chronology Building

Easy way to securely record information on a child in one place and in chronological order



Safe & Secure Fully secure GDPR safeguarding



Powerful Reporting

Automatically generated dashboard provide complete child profile to aid overview that can be exported or printed



Improves Communication

Essential document and information sharing securely & enables outside agencies to access and impart information within GDPR



Mobile Compatible

Works on any web enabled device – easy for busy teachers to assess and start early interventions from wherever they are in the school



Data Import

Import data from Information Management Systems such as SIMS

🔰 @coursewedo

We are starting to now have a better understanding of why the children behave like they do and what we can do to tackle these issues for the children and the families. Children and families feel better supported. (Primary)

I can't believe how **interesting** it [AFIT] is.... how right it is!! Thank you (Inclusion Manager)

Easy to use and language used is understood by staff. I like the events timeline and links to theory books to gain further knowledge. (Primary)

It [AFIT] was just amazing - We used it on a few complex children to try and unpick their needs (Primary)

Evidence collected from AFIT has positively contributed to the plan, do, review cycle and the evidence needed for statutory assessment and potential EHCPs

(EP and former ELSA trainer)

It's superb, and I think the reports really promote understanding of the origins of the behaviour, which really made staff stop and see a new perspective. (Secondary)

Very useful and simple to use. Gives a clear overview of needs, gave a wider variety of strategies...a **useful** tool for staff

(Primary)

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The strategies were really helpful ... we have attached them [AFT reports] to EHCP applications as evidence (Primary)

You get a lot of strategies and useful information

(Primary)

I love the tool... I like how it contains a lot of info regarding the child, in one place.

(Primary)

I love the tool it was so **valuable** (Primary)

The assessment is user friendly and uses simple but effective language that can be interpreted well (SENCO)

> We actually experienced the joy of returning a child to mainstream education thanks to AFIT (PRU)

AFIT is a great tool to use proactively to monitor and track the progress of pupils, it can inform the graduated response by supporting schools process of assess, plan, do, review (EP)

AFIT is helping us to provide **support** for our highest needs children and young people. We have seen a marked improvement in strengthening attachment, behaviour and presentation of some of these young people since using this tool. It has helped me as Pastoral Lead, create needs plans and support my colleagues to support our young people, and the data is very **helpful**. (Primary)

Ofsted's 3 l's



INTENT What is meant to be learnt



IMPLEMENTATION

How you plan to meet the intent

IMPACT How effective implementation was

Reach2Teach AFIT's 3 I's

INTENT

 Support all children and young people to experience felt safety, enabling them to settle to learn in school

IMPLEMENTATION R2T

- Reflecting on the relational and learning needs that may be driving challenging behaviour
- Identifying approaches that may support the child or young person with those needs, and collaborate with colleagues

IMPACT

R2TAFIT

- Notice, record and track changes in the child or young person's ability to trust relationship and settle to learn
- Share approaches which have helped what works

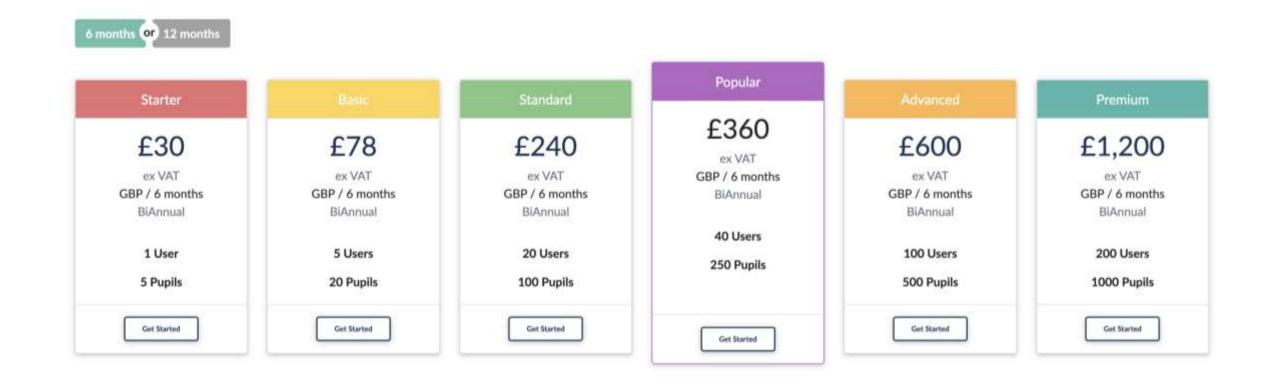
https://www.headteacher-update.com/best-practice-article/curriculum-design-under-a-new-ofsted-regime/214965/

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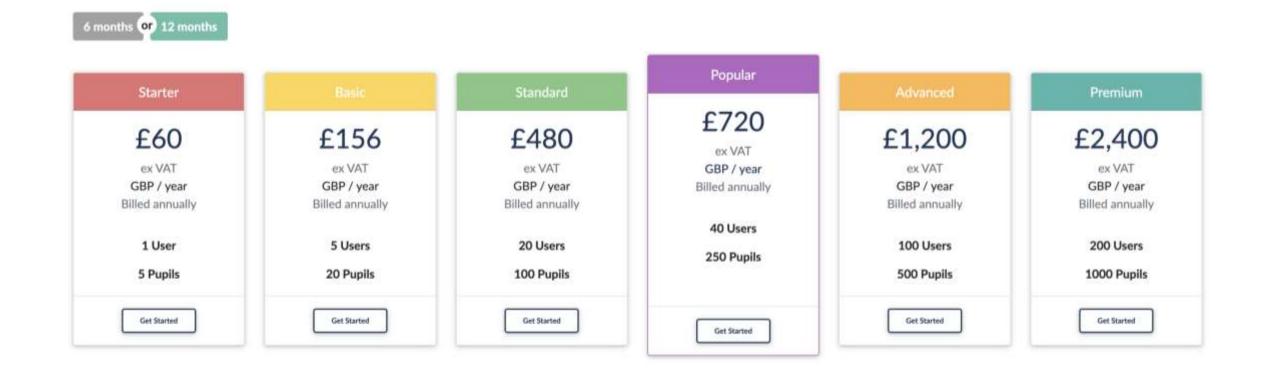
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Pricing (12-month subscription)





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For parents, carers & guardians of fostered and adopted children



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Features of AFIT

- AFIT Is based on attachment aware, neuroscience approaches, trauma informed, strengths-based practice, developed and evidenced within the UK over education over the last fifteen years
- AFIT looks at insecure behaviour styles but also behaviours that measure a pupil's felt sense of security and hopefully see that grow over time.
- AFIT Draws on relational and learning needs' analysis, interventions and strategies used by frontline practitioners over this period, and written up in such core texts and referenced in the tool
- Correlates insecure behaviour patterns with the Strength and Difficulties Questionnaire
- Allows you to make notes regarding family situation, significant events, what triggers or calms the pupil, the whole team supporting the pupil
- Has easy to interpret graphics
- Incorporates a calendar with important information in a pupil's dashboard
- Plots changes over time against family situation and events
- Records the impact of the support given to the pupil on their insecure behaviours and their felt security
- When a pupil moves school you can transfer the pupil's profile and data to the new school (each party has to grant permission under GDPR)
- AFIT is based on the attachment aware, trauma informed approach as advocated by the DfE, for example in documents such as the 2018 guidance for Designated Teachers https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/683561/The_designated_teacher_for

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/683561/The_designated_teacher_for _looked-after_and_previously_looked-after_children.pdf

• You can also import pupil information from information management systems like SIMS for speed of start up