

## **School Training Workshops**

Sensory Attachment Intervention principles (SAI) – Applying a Neuro-Sequential Approach for Highly Traumatized Children within the Educational Environment.

Adopted, Looked After children, and those under Special Guardian Orders, are highly likely to present with a range of difficulties engaging in everyday activities such as play, self care, and school work, due to early adverse experiences including separation, loss, abuse, and neglect.

These impact on emotional and sensory processing development, and on the development of their senses, which in turn influences their ability to regulate themselves, engage with others. The development of our senses is the foundation for other areas of our development and learning. Supporting teachers, parents, and caregivers to understand the traumatized child from this perspective is crucial for the child's engagement in classroom learning, emotional wellbeing, and regulation of arousal states.

Workshops will enable participants to further understand the traumatized child from a sensory and attachment perspective. This will include:

- Identifying how complex developmental trauma impacts on the child's sensory and emotional regulation, and subsequent challenges engaging in school-based learning.
- Supporting delegates to consider a child's arousal triggers and responses to stress.
- Viewing the child's behaviour's from a sensory and attachment perspective.
- Considering how we can use sensory and emotional strategies within the education environment to support greater regulation for children with sensory processing and attachment difficulties.
- Identification of further resources, including reading, to support ongoing learning and development regarding this.

Workshops will be fully tailored to individual schools' needs, and can be delivered in 2 hours/ $\frac{1}{2}$  day and full day sessions.

For further details/bookings please contact Chris West at <a href="mailto:chris@theconsultancy.info">chris@theconsultancy.info</a>, Tel: 07342 633001 or Lucy Gillett at <a href="mailto:lucygillettot@gmail.com">lucygillettot@gmail.com</a>, Tel: 07738 331967

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