



Join a research project with the prestigious Department of Psychology, University of Bath to explore the impact of Hamish & Milo SEMH intervention programme.

There is still currently an opportunity to take part in this research project that 70+ schools and 225+ practitioners are currently involved in. We are looking for cohorts of schools throughout the UK to join to explore the impact of Hamish & Milo SEMH intervention programme on children's mental health and wellbeing.

Mental health champions, ELSAs and pastoral staff need quality training, comprehensive programmes and resources as well as ongoing support to deliver targeted wellbeing interventions. We know this is key to making a real difference to children's mental health.

All participants of the research project receive free support and training to implement the programme, plus planning tools, digital resources and live impact reporting dashboards.



Data: 28th February 2023

The Programme

Hamish & Milo is a comprehensive emotions curriculum and range of SEMH intervention programmes for primary-aged children.

The resources provide everything mental health champions and pastoral staff need to deliver high quality nurture and small group targeted SEMH intervention, providing the framework, language and detailed content for courageous conversations, facilitated activities and discussion about mental health and emotions.

The complete programme includes all ten emotion theme packs:

- Actions, words and me (conflict resolution)
- Celebrating me (diversity)
- Resilient me (resilience)
- Calm me (anxiety)
- Finding me (sadness)
- New beginnings and me (change and transition)
- Memories and me (loss and bereavement)
- Amazing me (self-esteem)
- My friends and me (friendships)
- Exploding me (strong emotions and anger)





Each emotion theme pack has everything needed including:

- Advice and guidance booklet - the approach and philosophy
- Practical reusable session cards for 10-week programmes for each of the emotional themes
- Child wellbeing profiles assessments to measure impact
- Wellbeing journals for each child
- Sock puppet craft kits (6 children per pack and one for the adult too!)
- Parent/carer booklets to support shared dialogue and partnership working
- Beautiful stickers and certificates to celebrate and help children know they matter!

Plus:

- Access our Research Hub to download handouts, activities, templates and digital planning and impact tools
- Free 30-minute (Discovery Session) and 90-minute (Explorer Session) training webinars

Hamish & Milo Navigator – Impact Reporting Dashboard

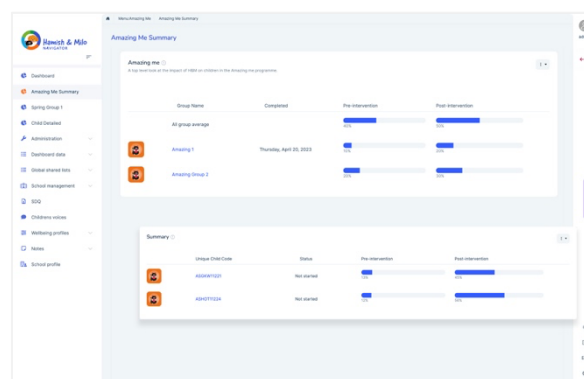
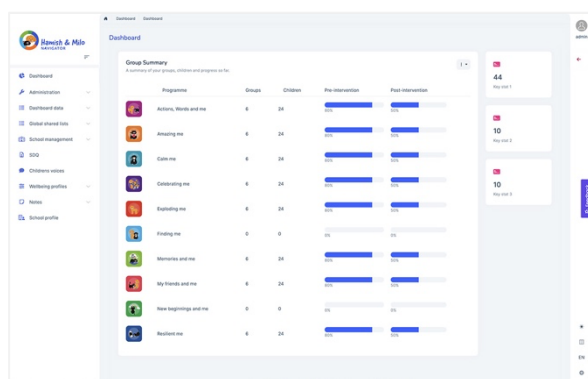
Navigator is an innovative developmental platform that provides practitioners with live interactive data to demonstrate the impact of the Hamish & Milo resources. It's an easy-to-use modern, innovative cloud application with clear easy configuration and data forms. Practitioners can check and review their submitted data easily.



Hamish & Milo
NAVIGATOR

Access delivers live reporting to demonstrate the impact of your SEMH interventions at individual child, group, programme, school, and trust level. Share with school leadership, parents, and agencies involved with the child the reporting as part of reviews, pupils progress tracking and evaluation of interventions which provides evidence of success.

Access to Navigator is free to all schools whilst providing data as part of the University of Bath Research Project.



[Find out more on our website >](#)



Research Project Summary

Hamish & Milo will supply cohorts/ MATs of primary schools/settings with one complete programme of resources each, and to support the staff with implementation and delivery of the programme, as part of a graduated response for SEMH provision.

Hamish & Milo will provide schools with a Service Level Agreement (SLA) to provide details of the project, dates for training sessions and supervision support as well as ensuring a commitment from schools to engage in the training and provide data submission for the University of Bath team.

Schools will have access to Navigator to collect data and demonstrate the impact for their setting.

Schools will receive a copy of any research publications produced by University of Bath and Hamish & Milo as a result of this research project.

Timeframe

The project will run for a 3-5 year period. Schools are asked to complete a yearly SLA for involvement in the project and to continue access to the training, supervision, and Navigator access.

Pricing

Hamish & Milo Wellbeing Programme - complete programme per school/setting	£895 (VAT incl)
Initial SLT 30-Minute online Briefing session - Discovery Session <ul style="list-style-type: none"> • Gives Senior Leaders an overview of the programme and project. • Focuses on impact and Navigator Dashboard. • Expectations and support for facilitating staff. 	FREE
Initial 90-minute online training session for all relevant staff covering: <ul style="list-style-type: none"> • Principles and ethos behind the programme. • Context for children's emotional and mental wellbeing and long-term impact. • Contents of the wellbeing programme in terms of the different emotion themes and resources. • Research project and measuring the impact through the Navigator dashboard. • Principles and practice of implementation, including safeguarding and role of the facilitating staff. 	



Half termly Reflection & Supervision online sessions for all relevant staff

FREE

This practice provides staff with an opportunity to reflect on their experience, the experiences the children have through the intervention and to be offered time to share their experiences so that they can deepen awareness, consolidate and develop practice.

Hamish & Milo Navigator Access

FREE

Access for all school staff - no usage limits or child volume limits - for the SLA time period.

We are keen to work with Multi-Academy Trusts, or school clusters to provide a bespoke consultant support package or with individual schools who will be invited to join a mixed cohort of schools as part of a network within the Hamish & Milo Community.

Sign up by 31st May 2023 to receive a pack of our sensation and emotion cards FREE!

Email clare@hamishandmilo.org to register your interest or to join the project and place your order today!

<https://hamishandmilo.org/ways-to-order/>

Visit the website for more information:

www.hamishandmilo.org

