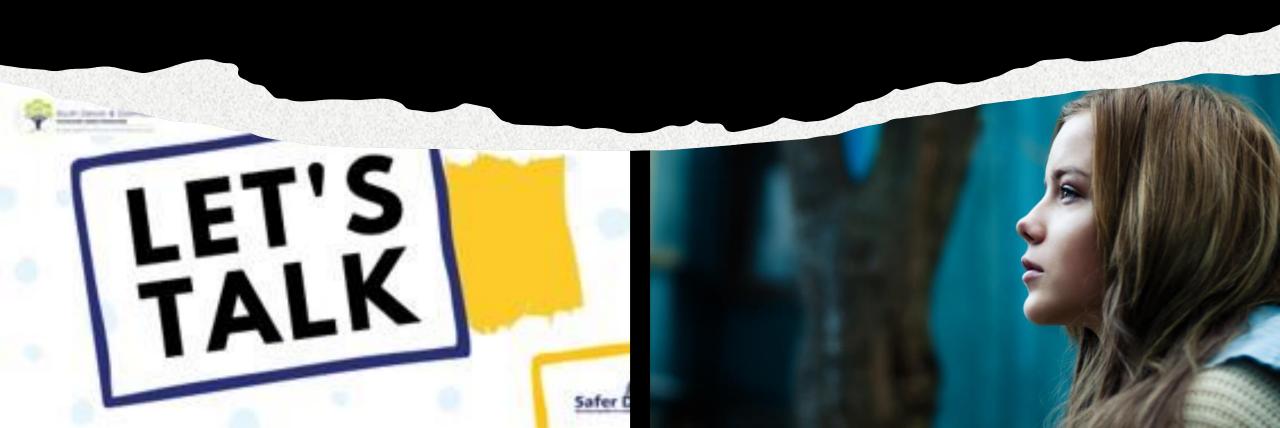


Let's Talk, the journey so far.....

Becca Hewitt, Chair of South Devon and Dartmoor

Community Safety Partnership



Let's Talk - our values

- Parents are part of the solution
- Support not judgement
- Every parent wants their child to thrive
- Intervention at the earliest possible opportunity
- Promote appropriate risk

TEEN

- Awareness and empowered not filled with fear
- Reinforcement of core values love and communication





Let's Talk - what we cover

Three 90 minute sessions

- Teenage development including social and emotional changes
- Healthy and unhealthy relationships, including domestic abuse
- Body image
- Toxic masculinity
- Community risks including county lines and gang crime
- Unhealthy relationships with a focus on child sexual exploitation and grooming
- Social media
- Safety planning
- Family strengthening
- How to have challenging conversations
- Role modelling
- Emotional wellbeing and self-care



Let's Talk recent activity

- Teens refresher sessions 19th, 26th September and 3rd October
- Pre-teens refresher sessions - 21st and 28th September and 5th October
- Growing Up in a Porn Culture

 Session for Educators 4th and Professionals 10th October
- Started recording sessions

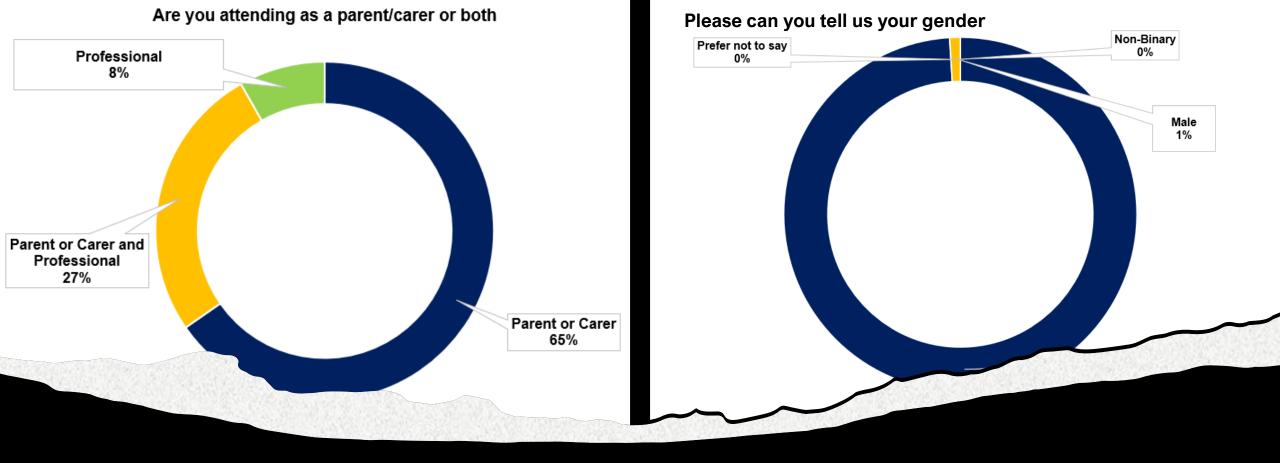


Total engagements 4379





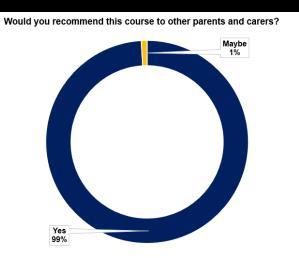




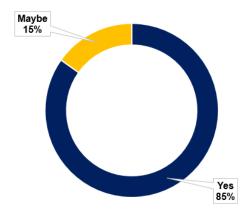
Who is attending our Let's talk sessions

5 G support sessions for P

Let's Talk Teens sessions Feedback – 326 responses



Do you feel better able to support your young person after attending this session?



The work you are doing is VITALLY important. I have been feeling so alone and isolated as a single parent. This has made me feel supported in just an hour and a half

The safety planning tips were especially useful, thank you.

So informative and friendly jargon free information. Such a great idea. Thank you all Excellent to hear this. I am in the USA & would like to share your upcoming sessions with parents of teens I work with here as I find the information just as relevant. This has been the best online service I have ever been on...thank you. worth every minute of our time and yours.

> Thank you. Fantastic session. I hope I can do the other sessions I missed at a later date. x

Very close to home but made so much sense

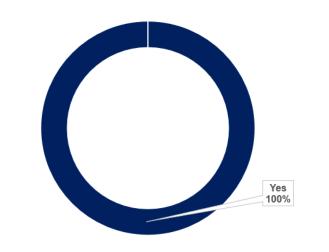
This time goes so fast, the content has had me in tears each week as so powerful

Really informative session! My son is 13 in a few weeks and teenage years feel very daunting but at least this helps to give some tips. Thank you as a children's nurse and a mother of a teenager I have found it really useful



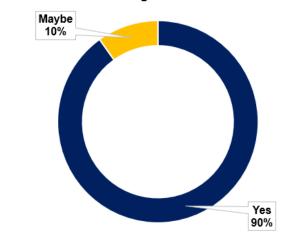
Pre-teens ries of free online se

Let's Talk Pre-Teens Feedback 314 Responses



Would you recommend this course to other parents and carers?

Do you feel better able to support your young person after attending these sessions?



Again, another really good session. I wasn't sure whether to join as I have done the teen talks and my youngest is 12 but thought it might help... and it has already.

As a foster carer, I really appreciate your course and believe it would also be great for prospective adopters. Thank you for all the safety warnings that help keep participants safe too.

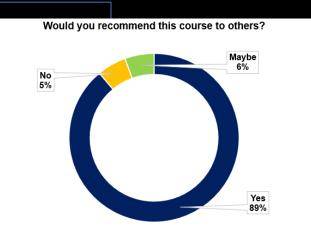
I thought they were very tough topics and the session and links will be invaluable to help me to discuss them with my daughter who is in Year 6 and also my son who is in Year 4. Thank you so much for tonight's zoom call I have already learnt so much and can't wait for next week's



Thank you so much for a wonderful and informative session. I also appreciate the time you all took to put it together and am looking forward to next week Thank you for yesterday evening's talk. It was fabulous and so helpful. With a preteen son who's starts year 9 in September in a new senior school, these talks are most useful as well as for my volunteering roles.

Thanks to all of you that have worked so hard to put these together for us. The Tween and Teen years were so under discussed in the past when I and my mum were growing up, it is a massive help to be able to have information that is up to date with current concerns too.

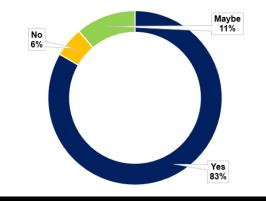
Let's Talk about growing up in a porn culture – 78 responses



about growing up in a

4.69

Do you feel better able to support your young person after this session?



Thank you for this - i could have listened to this for so much longer. very very informative - difficult to listen to and has helped me feel much more empowered to go out there and try and make a difference.

> Hard hitting and informative. It's made me look at this through a young person's view point.

Thank you so much it is so shocking that this is the reality now Completely appropriate and informative Very passionate...thank you soo much



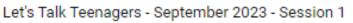
Just extremely informative as a professional and a parent. Thank you so much Thank you so much for this session. It's made me feel sick but has given me a lot of information to discuss with the parents I work with, most of whom say the classic 'oh no my child doesn't look at porn.' I'll be registering on your website

Very good Subject and we need to talk more about it and this provided me with the information to share () let's keep talking

Let's Talk recordings.....increasing accessibility

Content







Let's Talk Pre- Teens - September 2023 - Session 1



Let's Talk Teenagers - October 2023 - Session 3



Let's Talk Pre- Teens - September 2023 - Session 2



5

Let's Talk about growing up in a Porn Culture session for educators

185 views to date

Studio



Certificate of attendance

Claire Birch

Let's Talk Teenagers focus on Exploring Teenage Relationships. Training session delivered on 13th September 2022 by Safety and Resilience Consultancy.

Rebecca Hewitt, Chair, South Devon and Dartmoor Community Safety Partnership

Nearly 400 CPD certificates requested South Devon and Dartmoor Community Safety Partnership

LET'S TALK

Pre-teens

A series of free online sessions for parents and carers of young people aged 9-12

Certificate of attendance

Claire Birch

Let's Talk Pre-Teens Training session delivered on 31st January 2023 by Safety and Resilience Consultancy.

witt, Chair, South Devon and Dartmoor Community Safety Partnership

South Devon & Dartmoor Community Safety Partnership

Working together to make our commun

Parents/carers mailing list - 667 Professionals mailing list - 846 Eventbrite - 536





Let's Talk about the future

- Developing the Board with new members and a clear terms of Reference
- Producing a business plan
- Theory of change to be clear about what we are hoping to achieve
- Utilising bite size elements to the You Tube Channel
- Let's Talk Primary
- Let's Talk Dads
- Let's Talk SEND/neurodiverse