

Wellbeing For Education Return Covid-19

Mental health and wellbeing training Learning from the pandemic

This project is funded by the Department for Education, Department of Health and Social Care, in partnership with Health Education England, Public Health England, NHS England and NHS Improvement







In collaboration with Devon County Council, Children and Family Health Devon are pleased to provide our esteemed colleagues in education with the Wellbeing for Education Return Programme (WERS.)

This will be delivered over two Webinars.

The following slides outline the content of each Webinar.

We invite you to attend both Webinars to ensure you are introduced to the entire programme.

Over the following 5 months we further invite you to follow up sessions that pay detailed attention to the content of the WERS Webinars. These sessions aim for Education and Health to come together in unity to support the children and young people of Devon and Torbay as they strive to learn in a continuing, global pandemic.

# NHS



## Overview Of Wellbeing For Education Return Webinar 1 Training

National Implementation of Wellbeing for Education Return Programme

- 1) Whole School/College Implementation
- 2) Neuroscience Understanding Learning And Growth; Wellbeing, And Resilience
- 3) Actions To Build Resilience And Wellbeing
- 4) Implementation Of Actions Across The Whole Of School/College Life
- 5) Vignettes/Case Studies Bringing It All Together
- 6) Children And Young People Specific Learning
- 7) Resources

## Overview Of Wellbeing For Education Return Webinar 2 Training

National Implementation of Wellbeing for Education Return Programme

- 1) Whole School/College Social Scaffolding and Bereavement vignette
- 2) Bereavement And Loss
- 3) Understanding Anxiety and Low Mood
- 4) Supporting Recovery from Anxiety and Low Mood
- 5) Stress And Trauma: Supporting Recovery
- 6) Resources



Webinar 1 is for 90 minutes. We invite you to book on to one the following dates that best fits with your busy working life:

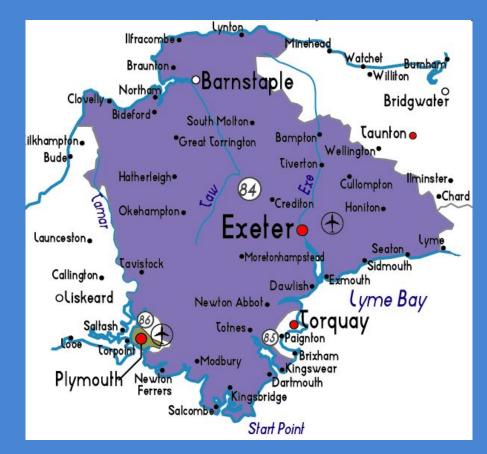
4th November at 10.30am 4th November at 1pm

11th November at 10.30am11th November at 1pm11th November at 4pm

Webinar 2 is for 90 minutes. Again we invite you to book on to one of the following dates that best fits your busy working life:

18th November at 10.30am 18th November at 1pm 18th November at 4pm

25th November at 10.30am 25th November at 1pm





#### To book please email:

## NHS

#### <u>CFHD.WERSDevonandTorbay@nhs.net</u>

Please state clearly your 1st and 2nd choice of dates and times for both Webinar 1 and Webinar 2.

Please state clearly the school/s you are representing.

We very much look forward to seeing you and working through the rest of this academic year with you.



### On behalf of us all,

Thank you most sincerely for everything that you continue to do for the children and young people of Devon and Torbay.

We stand in awe and with pride.

